



LPSS Matters

Official Alumni Newsletter of Lorne Park Secondary School

Volume 7, Issue 2

April 2007

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www.LPSSMatters.com

In this issue:

- The MAGIC OF FOUR
- LPSS LP
- 50th Anniversary—
Class Reps &
Volunteers
- Hotel Accommoda-
tions for 50th Anniver-
sary Reunion &
Celebration
- Andy Rooney
- Church of St. Bride
- Into The Unknown
- Letters
- ElderCare Canada
- Spartan Stuff



50th Anniversary
Celebration & Reunion
October 20, 2007

The MAGIC OF FOUR..... IT'S WORKING!

In the January issue of *LPSS Matters* we asked for help in tracking down LPSS grads. We asked fellow LPSS grads to contact four people they knew had attended LPSS but were not shown on the *LPSS Matters* website. (<http://www.LPSSMatters.com/alumni.php>)

The response has been tremendous. 300 more LPSS alumni have joined *LPSS Matters*. That's over three new grads each and every day for the last three months.

What does this mean? It means WE CAN DO IT! There are approximately 10,000 LPSS graduates since 1957. We now have just over 2,000 on our *LPSS Matters* distribution list. For anybody who ever studied math under Mr. Auchincloss, you know that's somewhere around 20%.

We still need your help in reaching as many LPSS grads as we can before our 50th Anniversary Celebration & Reunion this October.

Please, please, please - reach out to four fellow LPSS grads. Siblings, friends, enemies, locker partners, teammates, classmates.....anybody and everybody. They can join the *LPSS Matters* distribution list at <http://www.LPSSMatters.com/becomeamember.php>. Or they can contact David Crouse ('65), our alumni coordinator, at david.crouse@utoronto.ca.

It will be many years before there is such a push on rounding up alumni again. The MAGIC OF FOUR is working. Reach out to four fellow grads, and as a group let's make contact with as many of those 10,000 alumni as we can.

YOU NEVER KNOW WHAT YOU'LL FIND (OR WHO YOU WILL MEET)

BY RICHARD LUKAS ('79)

No matter how much you plan things and think that you have everything under control, what awaits around that next corner may very well surprise you and you may end up saying I never saw that one coming! It may even lead you on to something else.

Around the year 2000, I started going out on Saturday mornings in my neighbourhood to garage sales. The variety of items is astounding and usually if you have been to as many as I have you can tell a good one from a bad one. I don't even get out of my car sometimes as I can tell if

one has desirable items that I am interested in. I have never been in so many people's garages, living rooms and basements! I was even up in one guy's attic! Cardboard boxes are usually a good clue. The items that I fancy are LP's (records). Remember those? I also like 8 - tracks & cassettes. The albums you may have passed on years ago may be obtained for as little as 25 cents! Some even in remarkable quality with all inserts intact.

So on the morning of August 25, 2001, I rounded that corner. I was out on my sec-
(cont. pg. 7)

50th Anniversary Celebration & Reunion

Class Representatives/Volunteers

(as of March 27, 2007)

1959 - Patricia Conron (Henderson) Virginia Haggerty'	1973 - Ross Murison
1960 - Mary Lou May (Baldwin) Mike Thorne Larry Curtis	1974 - Julie Russell (Thur)
1961 - Linda Fletcher (Baker) Sue Bryan (Myllykangas)	1976 - Sally Brown (Boyle)
1962 - Ally Sandy Koohtow (Kerr) Margaret MacLennan (Dyne)	1977 - Nigel Brundson
1963 - Rick Gorman Karen Kerr	1978 - Michelle Oliphant (Nolan)
1964 - Mike Raham	1979 - Tim Frazer
1965 - Pat Raham (Carr)	1980 - Liz McElheran
1966 - Donna Walker (Harrison)	1981 - Brenda Bennett (Learmonth) Howard Smith
1967 - Doug Alton Karen Empey (Alton)	1982 - Timothy Brown
1968 - Judy Darling (Orr) Bruce McLeod John Dorion	1983 - Clarissa Stevens-Guille
1969 - Wendy Arntfield (Van Exan)	1985 - Ken Reeves
1970 - Janet Pearson (Miller) Sue Town (Roszell)	1987 - Ken Yundt
1971 - James Gerhart	1988 - Bruce Parker
	1994 - Julie Johnston (Zientak)
	1995 - Lindsay Lepp (Williams)
	1997 - Colin Crouse
	2001 - Erin Crouse Patrick Waller
	2002 - Clive Chang Tracy Saunders
	2003 - Melanie Temple
	2005 - Alison Forde

1959 - 1964: Fred Hilditch
1959 - 1979: Laura Slonetsky (classmates.com)

David Crouse ('65) (Alumni Coordinator)

Volunteers needed for: 1972, 1975, 1984, 1986, 1989, 1990, 1991, 1992, 1993, 1996, 1998, 1999, 2000, 2004, 2006
1980 - 2005: Volunteer needed for classmates.com

We are only six months away from the 50th Anniversary Celebration & Reunion. We still need help for those years where we are lacking volunteers.

Thanks,
David
david.crouse@utoronto.ca



If you need to contact your Class Representative/Volunteer about the 50th Anniversary Celebration & Reunion, or to inquire about Friday evening class functions which may be held independent of the Reunion, please contact David Crouse at david.crouse@utoronto.ca.

Participating Hotels



The following local hotels are within 20 minutes of LPSS. Each of them presents well. Reservations are the responsibility of anyone wishing to stay there. We have been arranged group rates for our alumni.

All of these hotels are on the QEW and are at one of the three major intersections: Erin Mills Parkway (Southdown Road), Winston Churchill, and Trafalgar Road. These intersections are 10, 15 and 20 minutes respectively from the school.

If you have any problems, please contact David Crouse, Alumni Coordinator - david.crouse@utoronto.ca

Please Note:

1. We cannot be responsible for changes in any of the information below.
2. Please book by September 15th to enhance your chances of getting a room.

Hotel Name: **Admiral Inns (Mississauga)**
 Hotel Contact: Sarah Moressa
 Location: QEW & Erin Mills Parkway (NW corner)
 Address: 2161 North Sheridan Way, Mississauga L5K 1A3
 Time from LPSS: 10 minutes
 Phone number to reserve: 905-403-9777
 Email address to reserve: reservation3@admiralinn.com
 Group name to quote: Lorne Park 50th Anniversary Reunion
 Group rates: \$89.95 (single occupancy); \$95.95 (double occupancy)
 Breakfast: yes, continental breakfast included
 Amenities: indoor pool, sauna and hot tub; fitness centre

Hotel Name: **Country Inn (Oakville)**
 Hotel Contact: Diana Gawel
 Location: QEW & Winston Churchill (SW corner)
 Address: 2930 South Sheridan Way, Oakville L6J 7J8
 Time from LPSS: 15 minutes
 Phone number to reserve: 905-829-8020
 Email address to reserve: sales@countryinnoakville.com
 Group name to quote: Lorne Park Secondary School 50th Anniversary
 Group rates: \$99
 Breakfast: yes, complimentary hot and cold breakfast
 Amenities: 24-hour business centre, 24-hour fitness centre, High-speed wireless Internet service

Hotel Name: **Hilton Garden Inn (Oakville)**
 Hotel Contact: Kristyn Incorvaja
 Location: QEW & Winston Churchill (SW corner)
 Address: 2774 South Sheridan Way, Oakville L6J 7T4
 Time from LPSS: 10-15 minutes
 Phone number to reserve: 905-829-1145 or 1-866-524-6302 (Can.)
 Email address to reserve: ytottv-frontdesk@hilton.com
 Group name to quote: Lorne Park Secondary School
 Group rates: \$99 (std) / \$129 (king suite)
 Breakfast: yes, \$13.95 for full American breakfast
 Amenities: full-service restaurant, indoor pool/whirl pool fitness centre, 24-hour business centre



(cont. pg.4)

Participating Hotels (cont.)

Hotel Name: **Hilton Hampton Inn (Mississauga)**
Hotel Contact: Tess Soriano
Location: QEW & Erin Mills Parkway (NW corner)
Address: 2085 North Sheridan Way, Mississauga L5K 2T2
Time from LPSS: 10 minutes
Phone number to reserve: 905-823-8600
Email address to reserve: tess_soriano@hilton.com
Group name to quote: Lorne Park Secondary School 50th Anniversary Reunion
Group rates: \$99 (King bed); \$109 (2-Queen beds)
Breakfast: yes, hot breakfast buffet included
Amenities: indoor pool; business centre & high-speed Internet access



Hotel Name: **Hilton Homewood Suites (Oakville)**
Hotel Contact: Christina Anderson
Location: QEW & Winston Churchill (NW corner)
Address: 2095 Winston Park Drive, Oakville, L6H 6P5
Time from LPSS: 10-15 minutes
Phone number to reserve: 905-287-4572
Email address to reserve: Michael_cascone@hilton.com
Group name to quote: Lorne Park Secondary School 50th Anniversary Rate
Group rates: \$145
Breakfast: yes, hot breakfast included in price
Amenities: indoor pool/whirlpool, fitness centre, business centre

Hotel Name: **Holiday Inn (Mississauga)**
Hotel Contact: Keely Cambridge
Location: QEW & Erin Mills Parkway/Southdown Road (NW corner)
Address: 2125 North Sheridan Way, Mississauga, L5K 1A3
Time from LPSS: 10 minutes
Phone number to reserve: 905-855-2000
Email address to reserve: holinn.miss.qew@sympatico.ca
Group name to quote: Lorne Park Secondary School 50th Anniversary
Group rates: \$109
Breakfast: yes, 2 continental breakfasts included
Amenities: indoor pool, sauna, fitness centre, restaurant

Hotel Name: **Holiday Inn (Oakville)**
Hotel Contact: Lori Hughes
Location: QEW & Trafalgar Road (SW corner)
Address: 590 Argus Road, Oakville, L6J 3J3
Time from LPSS: 15 minutes
Phone number to reserve: 905-842-5000
Email address to reserve: dos@hioakville.com
Group name to quote: Lorne Park 50th Anniversary
Group rates: \$102
Breakfast: yes, \$9.95 continental; \$13.95 full hot buffet
Amenities: indoor pool/whirlpool, high-speed internet access, Restaurant and bar



Participating Hotels (cont.)

Hotel Name: **Marriott Fairfield Inn (Oakville)**
Hotel Contact: Sharon Sheppard
Location: QEW & Winston Churchill (SW corner)
Address: 2937 Sherwood Heights Drive
Time from LPSS: 10-15 minutes
Phone number to reserve: 905-829-8444
Email address to reserve: s.sheppard@concordhotels.com
Group name to quote: Lorne Park 50th Anniversary
Group rates: \$99
Breakfast: yes, deluxe continental breakfast included in price
Amenities: indoor pool, 100% non-smoking hotel

Hotel Name: **Monte Carlo Inn (Oakville)**
Hotel Contact: Janet Armstrong
Location: QEW & Trafalgar Road (SE corner)
Address: 374 South Service Road, Oakville, L6J 2X6
Time from LPSS: 15-20 minutes
Phone number to reserve: 905-849-9500; 1-877-849-9500
Email address to reserve: none
Group name to quote: Lorne Park Secondary 50th Anniversary
Group rates: \$79.90 (one queen bed) / \$89.90 (two queen beds)
Breakfast: yes, deluxe buffet continental breakfast included in price

Hotel Name: **Waterside Inn (Port Credit)**
Hotel Contact: Brenda Spiteri
Location: Port Credit: 1 block S of Lakeshore on Stavebank Rd.
Address: 15 Stavebank Road S., Mississauga, L5G 2T2
Time from LPSS: 10 minutes
Phone number to reserve: 905-891-7770
Email address to reserve: reservations@watersideinn.ca
Group name to quote: Lorne Park High School
Group rates: \$169 (1 bdrm) / \$189 (deluxe fireplace) / \$229 (2 bdrm)
Breakfast: yes, but not included in room price
Amenities: 4-diamond restaurant "Breakwater", fitness facility





Women over 40

In case you missed it on 60 Minutes, this is what Andy Rooney thinks about women over 40:

As I grow in age, I value women over 40 most of all. Here are just a few reasons why:

A woman over 40 will never wake you in the middle of the night and ask, "What are you thinking?" She doesn't care what you think. If a woman over 40 doesn't want to watch the game, she doesn't sit around whining about it. She does something she wants to do, and it's usually more interesting. Women over 40 are dignified. They seldom have a screaming match with you at the

opera or in the middle of an expensive restaurant. Of course, if you deserve it, they won't hesitate to shoot you if they think they can get away with it. Older women are generous with praise, often undeserved. They know what it's like to be unappreciated. Women get psychic as they age. You never have to confess your sins to a woman over 40. Once you get past a wrinkle or two, a woman over 40 is far sexier than her younger counterpart. Older women are forthright and honest. They'll tell you right off if you are a jerk if you are acting like one. You don't ever have to wonder where you stand with her. Yes, we praise women over 40 for a multitude of reasons. Unfortunately, it's not reciprocal. For every stunning, smart, well-coiffed, hot woman over 40, there is a bald, paunchy relic in yellow pants making a fool of himself with some 22-year old waitress. Ladies, I apologize. For all those men who say, "Why buy the cow when you can get the milk for free?", here's an update for you. Nowadays 80% of women are against marriage. Why? Because women realize it's not worth buying an entire pig just to get a little sausage!

Richard Collins Church of St. Bride May 25, 2006

The grand opening was February 1, 1959 and Canon Tom Rooke was justifiably pleased with Clarkson's newest church. For over 100 years, Clarkson's Anglican faithful had to travel five kilometres to Erindale each Sunday. In spite of its magnificent size, St. Peter's was standing room only by the mid 1950s, so the commuter congregation from Clarkson decided it was time to build a church closer to home. A new church would give parishioners in both Erindale and Clarkson more elbow room.

Stately St. Peter's was a study in Victorian Gothic styling--just the kind of austere architecture one would expect from Erindale's well-heeled Anglicans of old.

But the Anglican Church decided to take a contemporary approach for its new church in the growing suburb of Clarkson. St. Bride's was modern and perhaps even a bit avant-garde for an institution as steeped in tradition as the "C of E".

The visual centerpiece of the new church was the bell tower. It had only one shortcoming--it had no bell! Canon Rooke hadn't forgotten to put one in. There was just no money for a bell.

Bells weren't hard to come by in 1959. In fact, Canada was in the midst of an endemic bell surplus. Diesels were taking over on Canada's two big railways, sidetracking steam locomotives by the hundreds.

One of St. Bride's members, Phil Embury, worked for Canadian National. He managed to secure the bell from the front pilot of a steam locomotive being scrapped at the railway's Spadina roundhouse.

For the next three years, St. Bride's neighbours--including Naomi Harris of Benares, who lived across the street--were awakened each Sunday morning by what sounded like a train barreling down Clarkson Road North!

By 1962, the congregation raised enough money to purchase something more melodic and in July, St. Bride's unveiled a new bell made by the same foundry that had cast the bell for St. Bride's namesake church on London's Fleet Street, 300 years earlier.

Richard Collins is a historic interpreter with the Museums of Mississauga.

(submitted by Fred Hilditch ('63))



(cont. from pg. 1) ordinary garage sale route (a slight distance from my neighbourhood) when I saw a very promising garage sale with many cardboard boxes and not a lot of people around (approx 10:30am).

Many records were there (mostly 1970's rock). I started looking through them when all of sudden the homeowner came up to me as I was crouched down and said; "You're Richard." "Are you Richard Lukas? " Wow! Now, I first thought it was someone from the film business as I have met many people who have come into my studio to produce TV commercials and feature films. I have met many people in the 30 years I have been involved in this occupation. This was not the case this time. He then said; "I am Howard." "Howard Smith " Blast from the past. I did not recognize him immediately. I haven't seen him in 20+ years! Former LPSS Student! Paths do cross. I knew him from Tecumseh Public School in the late 1960's / early 1970's through some other friends and he lived a few streets away from where I lived. Howard was also Mr. Lorne Park 1981 (relating to the 5/23/81 Formal) as viewed in the 1981 - 1982 Key Lorne Park yearbook.

We caught up on things but he saw I was interested in his LP's and we agreed on a price of either \$10.00 or \$15.00 for all of his albums (there were 163 in total). He was eager to sell them.

As I looked through some of them, one caught my eye with a beautiful sunset on the album cover. The title was "LP'S LP". At the top it said "Lorne Park Concert Band – Stage Band 1975". This was a real find! I didn't even know they recorded an album. Not quite a sealed Stereo First State Beatles Butcher Cover (the "Holy Grail" of all records), but a very special unique find nevertheless.

The album, was recorded and manufactured by Fantasy Sound Limited (address was a P.O. Box in Willowdale, Ontario). The back cover has 10 photographs including three of our esteemed conductor, Mr. Haden Hitchcock, our own "Mr. Holland". On the left and right side there are two columns which list the names of everyone who participated (in alphabetical order – 19 Stage Band / 98 Concert band members with a majority number playing in both bands) and which instrument they played. There was no printed inner sleeve. There is no listing of any production personnel involved in this project on this LP.

Who took the photos on the back of the LP cover? If they were taken on the day the LP was recorded, then it is my belief the record was recorded in the music room as the backgrounds of the various photographs would not be similar to a recording studio. There is even a window with curtains visible!

Howard even said "I should charge you more for that one!" I didn't think he would want to part with it. I'm glad he did. How he got this album is beyond me as he is a year or two younger than I am. I started Grade 9 (1GRYA) at Lorne

Park in September 1975. It was probably given to him by a neighbour; (possibly by someone who performed on this LP).

Now I have run across LP's like this before from other schools. You have to remember these albums were of very limited pressings (probably less than 200) and manufactured by small time recording companies who no longer exist. The pressings were probably even sub-contracted out to a larger record company. Many people don't even care about records anymore. I do. Mine is actually in mint condition with no scratches at all. Were there any other Lorne Park Secondary School Band LP's recorded that anyone knows about? What did this album cost at the time? Was it available to the entire student body? Does anybody who participated in this album remember when the session was and where it was recorded? Was it recorded at LPSS? Taking into consideration: exams, semester change, March Break, Easter. My guess is late March/April 1975 for a possible release in May 1975. The powers to be at Lorne Park would have bought the entire pressing probably. What happened to the metal discs used to press the records? Or the master tape?

After getting all of Howard's LP's , I catalogued them all and this led me into a new venture. I sell records as a dealer at "Record Shows " which are held usually every Sunday in the Spring and Fall throughout Southern Ontario. They are usually very well attended and have something for everyone. It's very interesting meeting people and seeing what their musical taste is.

So just remember as you go around that corner...

Here is the complete track listing. Songs performed:

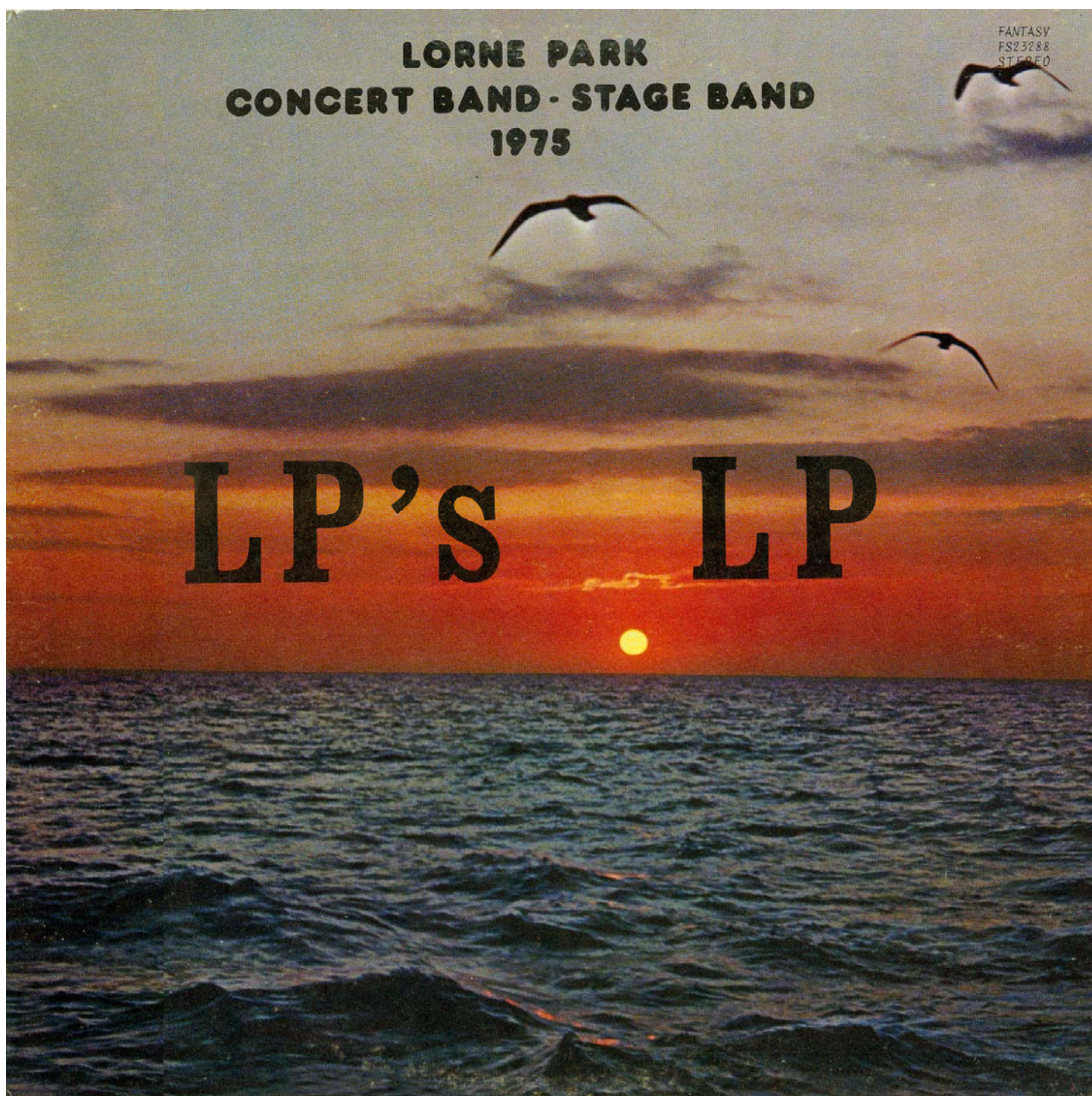
Side 1:

1. BANDOLOGY – Eric Osterling (2:58)
2. Selections from "Sweet Charity" – Cy Coleman, Dorothy Fields arr. Ken Whitcomb (7:09)
3. MAN OF LAMANCHA – Mitch Leigh arr. Paul Yoder (1:38)
4. QUEEN CITY SUITE – Charles Carter (10: 59)

Side 2:

1. THE OLD PIANO ROLL BLUES – Cy Coben, arr by Glenn Osser (1:43)
2. ALL ABOUT THE BLUES – Carl Strommen (3 : 42)
3. STONEY END – Laura Nyro (2 :40)
4. ONE O'CLOCK JUMP – Count Basie (2:50)
5. FOR ONCE IN MY LIFE – Ronald Miller & Orlando Murden arr. By Johnny Warrington (3 : 19)
6. WOODCHOPPERS BALL – Joe Bishop & Woody Her Man, arr. By Glenn Osser (2 : 08)
7. IN THE MOOD – Joe Garland (2:28)

(cont. pg. 8)



Front cover

(cont. pg. 9)

LORNE PARK S.S.
STAGE BAND

SAXOPHONES

ALTO 1

Laurie Tisdale

ALTO 2

Jamie Hohn

TENOR 1

Dave Pleasance

TENOR 2

Sandy Pollock

BARITONE

Marc De Van Der Schuren

TRUMPETS

1: Max Lewis

2: Mike Sobie

3: Scott Taylor

4: John Paton

TROMBONES

1: Dave Smith

2: John Bennett

3: Brian Ward

4: Paul De Van Der Schuren

RHYTHM

GUITAR

Jim Bright

BASS GUITAR

Bob Bekkers

PIANO

Denise Barber

VIBRAPHONE

Julia Rogers

DRUMS

Kim Petersen

Ron Proulx

CONCERT BAND

FLUTE

Barb Arnold

Barb Bell

Sue Briggs

Marilyn Brown

Patti Hanson

Rob Hoare

Chris Houston

Jane Ingram

Jane Richardson

Barb Ross

Julie Smith

Chris Welter

Beth Whittaker

Donna Wright

Virginia Wright

OBOE

Mae Sanders

Jennifer Smith

Becky Winters

E♭ CLARINET

Robin Smith

E♭ CLARINET

Sue Barrow

Donna Deegan

Sue Forrest

Sharon Forth

Kathy Foster

Cindy Hawrychuk

Pam Holmes

Janet Hudd

Pam Hunter

Patti Marshall

Jackie Porsan

Dave Pleasance

Melanie Pleasance

Sharon Powell

Tina Ranlett

Tony Saunders

Julie Small

Marg Tefft

Anne Thorne

Paul Warne

Chris Williams

Janet Zaharuk

FANTASY

FS23288

STEREO



SIDE 1: 1. BANDOLGY - Eric Osterling (2:58) 2. SELECTIONS FROM "SWEET CHARITY" - Cy Coleman, Dorothy Fields arr. Ken Whitcomb (7:09) 3. MAN OF LA MANCHA - Mitch Leigh arr. Paul Yoder (1:38) 4. QUEEN CITY SUITE - Charles Carter (10:59)

SIDE 2: 1. THE OLD PIANO ROLL BLUES - Cy Coben, arr. by Glen Osner (1:43) 2. ALL ABOUT THE BLUES - Carl Strommen (3:42) 3. STONEY END - Laura Nyro (2:40) 4. ONE O'CLOCK JUMP - Count Basie (2:50) 5. FOR ONCE IN MY LIFE - Ronald Miller & Orlando Murden arr. by Johnny Warrington (3:19) 6. WOODCHOPPERS BALL - Joe Bishop & Woody Herman arr. by Glen Osner (2:08) 7. IN THE MOOD - Joe Garland (2:28)

Recording 1975 by FANTASY SOUND LIMITED P.O.Box 321 Station A Willowdale Ontario

AUTO CLARINET

Derek Ryder

BASS CLARINET

Sharon Mitchell

Rose Kostuch

ALTO SAX

Bob Hadwasy

Janet Hofstetter

Jamie Hohn

Sue Smith

Laurie Tisdale

TENOR SAX

Sandy Pollock

BARITONE SAX

Marc De Van Der Schuren

TRUMPETS

Neil Collins

Peter Collins

Brian Eaton

Max Lewis

Danny McKenna

Ian McNaughton

John Paton

Phil Prendergast

Reed Robertson

Mike Sobie

Peter Stibrany

Scott Taylor

Dave Toleffson

FRENCH HORN

Denise Barber

Cindy Bonnell

Jo-Ann Few

Erica Geddes

Donna Lilly

Martha Quance

Cathy Rowe

Len Vanderstar

TROMBONES

John Bennett

Beth Brown

Nancy Brown

Liz Campbell

Janine Geddes

Paul De Van Der Schuren

Gord Ship

Dave Smith

Brian Ward

Mike Wright

BARITONES

Chris Doods

Nancy Ellery

John Mustelman

John Richardson

Pam Rodd

Dave Town

Jane Withey

BASSES

Bob Bekkers

Jim Bright

Nancy Davidson

Chris Joyce

Bobbi MacDougall

Sarah Thorne

PERCUSSION

Barb Pearson

Kim Petersen

Julia Rogers

BAND EXECUTIVE

President

Donna Lilly

Vice President

Donna Deegan

Librarian

John Bennett

Secretary

Jane Richardson

Grade 12 rep

Julia Rogers

Grade 11 rep

Nancy Ellery

CONDUCTOR

HADEN HEATHCOCK

Back cover

(cont. pg. 10)



“Into the Unknown”—Lynn Jenkins (Stevenson) ('71)

www.marylennstevenson.com



I am sure most of you here have either seen or heard about the movie *The Secret*. What is “*The Secret*”? *The Secret* is the Law of Attraction. Simply put, The Law of Attraction says, ‘we attract people, places and things into our lives.’ But of course there is a lot more to it than just that.

The Law of Belief tells us that what we think both consciously and unconsciously, we become. Our thoughts are our actions. Therefore, it is important to make sure all words, thoughts and actions are positive. If you believe you are a failure, you will be a failure. If you believe you are successful, you will be successful. State of mind is a powerful tool. Your life reflects what you believe, so, if you want to change your life, change your beliefs. As you change your beliefs, you will also find yourself changing your choices.

If the choices you have made in the past have not worked for you, then it is time to take a good hard look at where you need to make some changes. Recognize old, negative patterns and work towards changing them. If it doesn't work, get rid of it. Get rid of the old and the negative to make room for the new and the positive.

‘What you can conceive plus that which you believe, is what you will achieve.’

For the Law of Attraction to work, you have to believe it will work. You have to believe in yourself and you have to be positive in your thoughts. Energy flows where attention goes. If you are only focused on money going out of your pocket, that is all that will happen. However, if you focus on money coming in, it will.

We all deserve to have the life we want just as much as anyone else. Life can and should be extraordinary, and it will be when you consciously apply the Law of Attraction.

The law of attraction works in many ways. For example, my friend David, who is also a very gifted psychic, and myself used to have a standard joke we would tell people when they asked if we were mediums. We would say, no, we were an extra large. Both of us went from being a medium to an extra large. We put it out there, we got it back. I now have a magnet on my fridge that says ‘I know I'm a psychic because my underwear says Medium. Hey, if it worked with the extra large, it has to work with the medium, right? Be careful what you say!

Many years ago, a good friend, who has since passed away, said to me, “You are the artist. It is up to you what you do with your life and how you live it.” It took me a long time to realize I was in control of my life a lot

more than I was aware of back then. Winston Churchill once said, “You create your own universe as you go along.”

For years now, I have talked about the importance of positive thought and the power of positive thinking. Positive begets positive and negative begets negative. If you think positive you will bring positive into your life. I have talked about the power of I am, of creating in the now. If you say you are **going** to do something you are always putting it in the future. Just like, I am going to start that diet tomorrow. Except that, tomorrow is always a day ahead. Be in the now! Dance in the moment!

No more putting off until tomorrow, or next week. No more, ‘If only I’. If only this would happen, if only that would happen.... “If I could only win that lottery, I would be set for life!”

Instead of looking for 100 reasons not to do something, find that one reason why you should, and do it.

Now, right now, is the time to take control of your life, and your destiny. Now is the time to start living the life you are meant to live. Instead of putting your focus on what you don't have, open yourself up to be grateful for what you do have. Positive thoughts! And, of course, you must be open to receive. Forget the pull-push, ‘I really want this in my life – but, I don't know if it can happen.’

What you put out there, whether in thoughts or actions, will come back to you. Everything in your life, you have attracted. Again, state of mind, as long as you think bad things will happen, they will. According to the **Law of Attraction** – we attract people, places and things into our life. So, why would I attract trouble into my life, you ask. Why would you? Perhaps there is lesson you need to learn. Sometimes those lessons can be hard. Here, you are also looking at the **Law of Karma**, as ye sow, so shall ye reap. Whatever you put out there, comes right back at you. In every negative, there is a positive. Instead of looking at an obstacle as a problem, see it as a learning experience. Change problems into learning experiences and you will find it easier to bring those ‘learning experiences’ or ‘learning people’ into more a positive light.

Energy flows where attention goes. Focus on what you want, not on what you have or where you are in life. Be grateful for what you have, but do not put your focus on it. If you do, this is where you will stay.

(cont. pg. 12)

Letters

Thanks very much for this service. It's great to remember old friends you haven't remembered for so long. See you all in October!

Bill Towle ('72)

"I love doing this reunion stuff - have been hearing from people I haven't talked to in 30 years!"

Liz McElheran ('80)

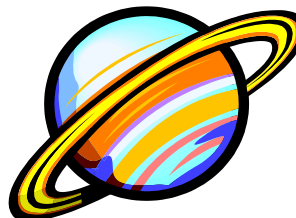
(cont. from pg. 11)..... and release it to the Universe! Think it, feel it, act on it! Focus on abundance, focus on happiness. See where you want to be in life. See it, think it, feel it and act on it. The Universe will bring you what you need, but it is up to you to act on it. Don't worry about how it will happen. Focus on the end result, the Universe will take care of the rest.

The Universe has enough abundance for everybody. Energy flows where attention goes. Focus on financial freedom, if that is what you want. Write it out in full description. Feel it. Feel what it is like to have financial freedom. Put everything in the present, in the now. Ask, believe and accept. You will attract everything you require, money, people, connections. Pay attention to what is being set in front of you, and when the opportunity or impulse is there – ACT ON IT!!!

Be grateful for all the good things in your life. Every day, every minute, every breath is a gift to be grateful for. Love yourself, love and embrace who you are. So what if you have big ears. Be thankful you can hear. So what if your nose is too big or too small, be grateful because you

can smell the flowers. We all have something about ourselves we are not happy with, but find something to be grateful for. If you are not happy with your weight, stop focusing on it. What you resist, persists. Instead be grateful for the body you do have and for all the wonderful things it allows you do. Focus on loving your body, loving who you are. Then, you will start to see positive changes in your life. I choose today to give myself the best life ever

It is important to write out a 'Gratitude List' to read everyday. Some days you will want to add to that list, other day you won't. The Universe is not going to bring new things into your life if you are not already grateful for what you have now. Dissatisfaction is a negative thought pattern. Negative thoughts cause negative patterns to repeat themselves.



To grow spiritually, is to become more of who you truly are. And when you become your true self, you grow spiritually.

"Failure is the opportunity to begin again, more intelligently"

Henry Ford

"My interest is in the future..... Because I'm going to spend the rest of my life there."

Charles Kettering

"You know you're old when getting lucky means finding your car in the parking lot."

Bruce Lansky





Q. My mother has been told she needs a walker. What should we know?

A. What your mother probably needs is a rollator – the ‘senior’s skateboard’.

Rollators, or ‘adult strollers’, have revolutionized mobility and are standard equipment at any seniors’ residence. They assist balance, allow mobility, fold easily for transport and, when equipped with accessories, are handy for shopping and errands.



Costs

- rollators can cost anywhere from \$300-\$1,000
- The Ontario Ministry of Health & Long-term Care’s Assistive Devices Program (ADP) will rebate up to 75% of the cost of equipment authorized by an accredited vendor or health care professional, for OHIP clients having a physical disability for 6 months or more
- Visit www.health.gov.on.ca or call 1-800-268-6021

Customizing

- size & positioning
 - when standing erect, the rollator handles should be where your wrist bends; when gripping, elbows should be slightly bent; the vendor should make these adjustments for you, and families should periodically check as posture changes over time
 - be sure the rollator can manage your weight; most models handle 250+ lbs
- accessories – basket, seat, backrest
 - a seat is useful for resting, and may include a tray
 - baskets are popular for errands; they need to be removed when the rollator is folded up
 - a backrest is a safety device, but should only be used when the rollator is stationary

Safety

- brakes
 - brakes are used to slow down on inclines, and, when locked, as a vital safety feature
 - be sure the brakes are locked when resting, when sitting down, and when getting up – any time that weight is borne by the structure, so it doesn’t roll away!
- sitting down
 - train your mother to back up to a chair, lock the brakes, then reach back to the chair’s arms as she sits down – “stop / brakes / sit”
- getting up
 - when getting up, be sure the rollator’s brakes are locked before using it to pull yourself up – “brakes / up / go”
- turning
 - a rollator requires a turn radius that changes a person’s sense of balance
 - train your mother to walk within the rollator, not on its edge or on one side, to avoid tipping

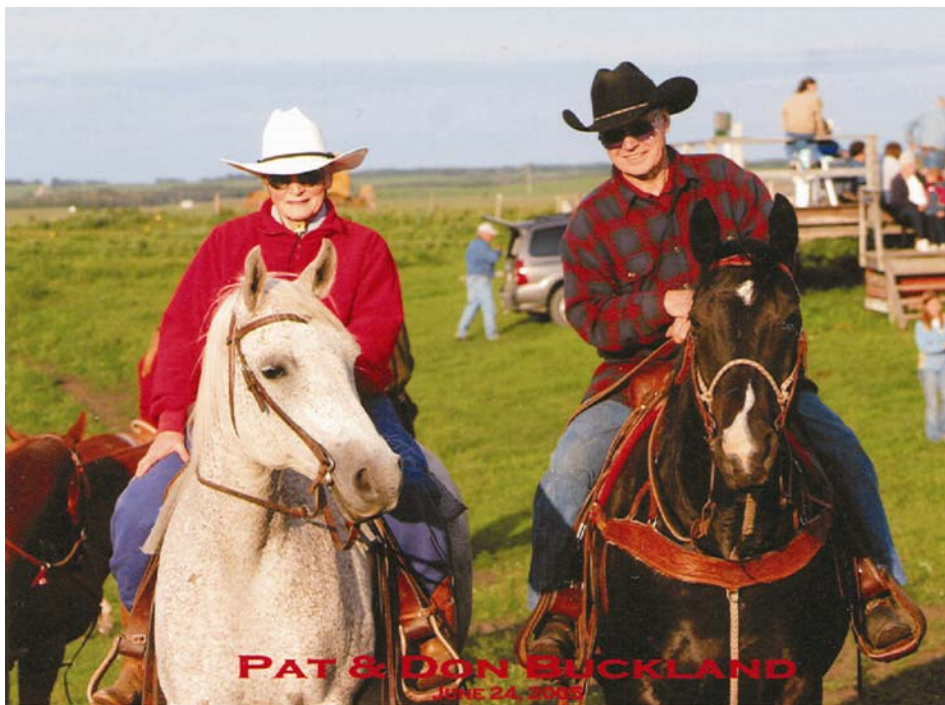
Caveats

- Involve your parent in the choice – if it doesn’t fit, feel comfortable or feel like their choice, it won’t be used, and your parent will remain at risk – and that’s just foolish
- Do not use a rollator as a makeshift wheelchair – sitting on a rollator while it’s being pushed is a safety hazard
- Don’t skip the customization – if it’s too high your mom can trip; too low and she’s crouched over and unable to properly see
- Don’t cheap out and buy at garage sales – any more than you’d skimp on a baby seat, stroller or crib. Take the time to buy a properly guaranteed and fitted rollator

Spartan Stuff

1957—1964 Fred Hilditch ('63) - fred@businessdata.on.ca

Pat Moore ('62) - Memories by Pat - I'm getting really excited about seeing some of my 'old' friends again! I met up with Leigh & Louise Box last September at my Mom's in Winnipeg and he really got me fired up



about coming to the Reunion in October. I have some wonderful memories of Clarkson and Lorne Park Secondary School. We lived right beside Lake Ontario in Clarkson, then due to a very bad storm, we had to rebuild farther up the street. I lived on Watersedge Road. Lawrence Weeks lived across the street from us, Herb Skeleton lived down the street as did the Hussey family and Christie family. Bill Lyons lived at the end of Meadowwood Lane where the cottages are (were). He had such a great sense of humour!. The Parks family lived just behind us and so did the Shrimpton family. The Armstrong family lived close by as well. Sue Armstrong and I grew up together and were roommates at Alma College. She died a few years ago. I went to Alma College in St. Thomas for 3 years, then moved to Toronto to take care of my grandmother. In 1965 I moved to Calgary where I was born, and the rest of my family moved to Winnipeg in 1966. I have been back to Clarkson only once. I loved it in Clarkson. I went to Clarkson Public School then to Lorne Park SS School until Grade 11, then to Alma College.

More of my Clarkson memories are that I used to hang out on Major Rattray's Estate a lot with the Byle and Burton kids, went out with Geoff Taylor off and on since Grade 7, had a crush on Christopher Hussey (he & his brother, Nigel tied me up in a tree because I pestered the heck out of them!) Sharon, Bob & Jeff Christie lived close by us, too. They were across the street from a little park beside the lake and their property backed on to Meadowwood Lane where there used to be cottages. Hussey's lived beside them at that time. Christopher and Nigel went to Lorne Park. Bobbie Christie ('63) died in 1970 in a car accident. He was 24 1/2 years old to the day. He was a special friend of mine and Sharon couldn't tell me for a year about the accident. It was a terrible tragedy. Sharon has been out to see us in the West several times and loves it out here. I'm so glad we've kept in touch!! Linda Cole lived beside us, David & Debbie Parks lived behind us, Alley Koohtow lived up the street from us on Bob-o-Link, I think. I always admired Alley for her intelligence and kindness to people. I went to grade school with Cameron Pengilley (I was so embarrassed because my middle name is Cameron - I was supposed to be a boy, but fooled my parents!). Nancy Coles and I used to go to the movies in Oakville every Saturday on the bus. We had so much fun together. I'd sure like to find out where she is, now. I used to ride "Gypsy", a horse owned by Ron de Jaray's family who lived just down Meadowwood Road from the Lakeshore Highway. I knew the Kinzer sisters really well, especially Joanne. Carrie Watson and I met at Lorne Park SS School and were good friends

(cont.)

Spartan Stuff

1957—1964 (cont.)

until we went our separate ways. We used to go riding a lot at the Major's place. I've been looking through the old LPSS Year Books and found pictures of Paul Salvian, Dennis Taylor, Walter Atkinson, Brian Brooks and some of the other guys I went out with back then. I remember that Dave Monk was a really nice person as were Jean Godsmen and Fran McGibbon. They were so nice to everyone and I'll always remember them for that. The names and faces are coming back to me a lot as I look at the Year Books. It's amazing how many people knew who when I went away to Alma College, then moved out West in 1965. I'd love to know where they all are now and if they're coming to the Reunion!

What I've done and am doing now - I was married in Clarkson in 1966 (the first Catholic/United Church wedding with both the Priest and Minister officiating) and have a son and daughter. We lived just outside of Calgary on a farm for most of 8 years, then we moved to Elnora, AB. I had so much to learn about farming! After 18 ½ years my marriage ended. I worked in Red Deer as a Bankruptcy Administrator and am now very happily married to Don Buckland. We farmed until 2 years ago when his son took over the farm and we retired to Elnora, Alberta, 6 miles from the farm. Don goes out to help his son a lot. My son, Tom lives in Red Deer, AB and has a son. My daughter, Debbie is married with 3 kids and lives in North Dakota, USA. Between us, Don & I have 7 kids and 11 grandkids. We still ride horses, although the old arthritis is starting to rear its ugly head at times. We cattle pen every Friday night during the summer and go on some trail rides. My horse's name is Banner, is a full blooded Egyptian Arab and he's 21 years old this year. I've had him for 16 years. My husband's horse is named Poco, is a quarter horse and is an awesome cattle horse. I wear many 'hats' in town as I'm sure all people do at our age. I'd love to hear from anyone from Lorne Park SS who remembers me. My E-mail is moocow43@platinum.ca. Also, if you go to www.villageofelnora.com to see what a small village of less than 300 people has to offer, you'll be surprised! I'll be staying with Sharon (Christie) Toss will for the reunion. See you there!!!

Tom Fitzsimmons ('64) - Fred old buddy, A voice from the past - I just got thru reading the LPSS site, so great to see all the names and some faces I recognize. I just wanted to say hi and please keep me in touch with what's going on. I'll be at the reunion, it'll be great to see everybody again. It's disappointing to see that we've lost several classmates over the years – that is really too bad, we're way too young for that. The pictures from Gibson Lake sure brought back memories - that seems like such a long time ago. Looking forward to chatting with everybody. Is there an e-mail list I can get added to??? Is that something you can help with? Talk to you soon.

Phil Errett ('64) - Car block has been rebuilt and awaits reassembly in the garage. Base block is together (\$1,100.00 of excellent work). Need to have the crank turned 10 and 10 so have installed oversize .010 rod and main bearings. New camshaft and lifters have been installed as well as new cam gears and timing chain. Block was acid bath dipped and cylinder walls were honed for the new rings. Rings installed in pistons and pistons in block. It is on an engine stand awaiting March when my mechanic buddy and I will add on the heads, intake manifold, injectors, etc., etc. We plan to reinstall in the engine bay in March. He is off skiing in January and we are off to Florida for three weeks in February. Right now I am searching for a shop in Ottawa that can make my intake manifold and rocker covers look like they did from GM back in 1984. First trip will be to Cambridge to see Dewey Brooks while I still can. I am hoping that their two "kids"; Shane and Jason will be around when I am there. I will stop by your place either on the way out or way back or both. Maybe we can have a drink or two with Fred. Gary Jasper was in town from Phoenix prior to Xmas as he had some business with the local city council. It was great talking over some old times but most fun was catching up on the last 40 years. He and I were both doing telephony work, sometimes a few hundred feet apart, and we never bumped into each other – very strange world. Both he and Sharon and Teresa and I are looking at waterfront properties for retirement in eastern Ontario. He worked for two guys @ Mitel Corp that I currently count amongst my good buddies today. It is truly a small, small world.

Kathy Thompson ('65) What a fabulous hook-up! I'm so glad that my friend, Bob Ferry (who likely neither of you knows, and did not go to LPSS) told me about "LPSSmatters"! I'd love to get together with all - and bring pictures. I remember swimming in Jane Barnett's pool. I got in trouble once for taking a dip when her parents weren't home. They lived in a huge house up a long driveway on Clarkson Road when our family moved to Erindale so I transferred to Thomas L. Kennedy SS. At LPSS my best friends were – Cherie Hunter (McDonald), Norma MacMillan (Diaz), Jennifer Pearce (Wells), Joanne Duff (Smith), Diana Robinson (Juffermans) – now deceased. And we're still in touch with each other! Cherie is still one of my very best friends even though we are separated by 4,000 miles. She has lived in Van-

(cont.)

Spartan Stuff

1957—1964 (cont.)



Kathy & Susan in their younger years and Kathy today.



Pictures from Kathy: Joanne Duff & Cherie Hunter and Jane Barnett, Jinty....., Sally Pemberthy

(cont.)

Spartan Stuff

1957—1964 (cont.)

Vancouver for the past 30 years. My sister is Susan Thompson (Glenday) ('59 & '60). After graduating from Port Credit commercial course in 1965, I took an accounting position with Pepsi-Cola, where I spent the next 30 years. The company was pleased to support/fund me in the Certified General Accountant (CGA) program. I graduated in 1980. So a career gal was I, and worked my way up the proverbial ladder to various senior accounting posts and various locations. No time for marriage or children, but lots of time for friends – male and female. We traveled, skied, partied and had lots of fun and rewarding experiences. Pepsi was a great company to work for and offered challenge and satisfactions. Ripe for the buyout/outplacement scenario they organized me out in 1995. Since then I have been a free-lance Controller, working about half time. I'm also busy with singing (have you heard of the Sweet Adelines? – 4-part acapella harmony), yoga, Unitarian church (Treasurer, what else?) and friends & family. I live in my condominium in the West end of Toronto. My parents – Bert & May Thompson lived most of their lives on Southdown Road in Clarkson. Dad was a Master Woodturner. He was an independent and displayed his craft each year in the Arts & Hobbies building at the CNE. Men came from far and wide to learn from him the trade. In my father's day, women did not do woodturning, and in his father's day no one outside of the family could be taught the trade. Mother and father died in 1995 and 1997. Sister, Susan is married, lives in Alton and works as a chef at the Devil's Pulpit Golf Course.

Jim Cooper and John Hilditch in 1964 before a prom with who they dated Susan Youngman and Linda Luker. Jim recently played an Hockey Oldtimers tournament in Coldwater for me. Just north of where he lives and close to my cottage.



Sharon (Tosswill) Christie ('64) - Please pardon the typing I broke my writing wrist last night! My brother Bob died in a car accident in 1970 and my younger brother Jeff never attended LPSS. However I am going to try to reach my cousins, the Marshalls (Patti and Larry), also Lynne Holden from our era and also Maureen Smith. We lived in Clarkson close to Watersedge. We were across the street from a little park beside the lake and our property backed on to Meadowwood Lane where there used to be cottages. Hussey's lived beside us at that time. Christopher and Nigel went to

(cont.)

Spartan Stuff

1957—1964 (cont.)

Lorne Park. Bobbie Christie ('63) died in 1970 in a car accident. He was 24½ years old to the day. He was special to all who knew him.

BALSAM AVENUE: MEMORY LANE by Cherie McDonald (aka **Cheryl Hunter ('65)** in another life) On Saturday, January 13th, 2007 I flew to Ontario from BC for a 1-week visit with my family in Schomberg. Little did I know that the wheels were also being put into motion for a little mini reunion with a childhood playmate from over half a century ago. Jeez that sounds old! About a week before my holiday started I heard from my long time friend, Kathy Thompson, who had some news about our high school, Lorne Park Secondary, and its awesome website. Seems there's a 50th anniversary celebration and reunion in the works for this year. Kathy had scrolled through some pretty interesting pages of the LPSS Alumni and was excited for me to have a look as well. She had even found a picture of our Grade 6 class with Mr. Haldenby. Kathy and I met in Grade 5 and I remember her clearly, in part because she was the "late kid" (her family moved to Clarkson that September so she joined the class 2 weeks late) and because I liked her hair. She had straight blond hair, the exact opposite of my dark curly mop and how I envied her. We bonded from the day we met and we celebrate 50 years of friendship this coming September. Hmmmm, there's that landmark again.

Kathy signed up for the LPSS Alumni and was immediately contacted by Fred Hilditch, who is the 1957-64 alumni correspondent for LPSS Matters. They then spent half an hour on the phone. Both are accountants and Fred remembered her dad, Bert, from the old days of Clarkson. Mr. Thompson was a well known wood turner who "turned out" some exceptional pieces of wood furnishings. He was quite the character and never failed to ask me if I was "awful pretty or pretty awful". My curiosity piqued, I spent some time on the site, scrolling through different areas. Familiar names, pictures and places kept popping up at me and I morphed into Alice down the rabbit hole, experiencing seemingly drug-induced visions and memories that engulfed and mesmerized me. I emailed Fred while entranced in yet more memories of Balsam Avenue where we grew up. The Hilditch family lived down the street from mine. We moved there when I was 3. Mrs. Hilditch and my mom became the best of friends and would spend hours in each other's kitchens, drinking coffee or tea and smoking 'til the air turned blue. In those early years of the 1950's, Freddie, Johnny, Vonnie (my sister, Yvonne) and I would often play together while our moms visited. Emails flew like flocks of sparrows between Kathy, Fred and I as a plan emerged to get together once I arrived in Ontario for my vacation week. Kathy picked me up at the airport and we drove straight to Schomberg, a teeny farm town roughly situated in the south-west corner where Highways 27 and 9 intersect. Fred was to rendezvous with us at Vonnie's place about 4.30 pm before heading off to coach his ladies' hockey team that evening. Along with Kathy, Von and I waiting for Fred's arrival, was brother Don and, of course, our mom, Ethel of 85, Fred's mom's old buddy. Fred as a young child was quiet, serious and a bit shy, compared to his younger brother, John, who was more outgoing and boisterous. The Fred who stepped back into our lives through Von's kitchen door was friendly, talkative and not a bit shy or even serious. We were all immediately at ease with each other, exchanging catch-up stories and hilariously trying to set our cameras up with their timers so we could all scramble into the picture.

We collectively traipsed mentally down Balsam Avenue, house by house, remembering all the occupants and who we played with and wondering whatever happened to "so-and-so". From Balsam Avenue we circuited the block, down to the 5th Line where right at the end of Balsam a big white house was set far back from the road and seemed, to my young, fruitful mind, "mysterious", then up and down Clarkson Road, remembering the Cavan family and their fruit stand and the Barnett family with their pool. I think they had the only pool in town and probably every kid in the area was either invited or simply showed up on those hot summer days. We remembered a time when Southdown Road was still the 5th Line and there was a train but not a Go Train. Balsam Avenue didn't curve in a weird little way around the Speck's house but went straight down to the 5th Line. And there was still an enchanted forest on the north side of Balsam yet to be ravished by bulldozers and boxy new houses. The Provencals lived next to the Hilditches. On the other side the Ditchburns, a landmark family, moved out one year and another family, the Jeffries, moved in but somehow it was always "the Ditchburn House". Next to the Ditchburns was a little tiny house where Mr. and Mrs. Hepper lived. A sweet old couple who always seemed to have enough cookies for all the kids who knocked on their door. Mr. Hepper died one day and Mrs. Hepper followed him not 6 months later. Across the road from the Ditchburns were the Hogues. Lots of kids in that family. Mrs. Hogue was a hairdresser and I think all the ladies got their hair done there. When Kathy and her family first moved to Clarkson they lived for a very short time in the house next to the house next to the Hogues before

(cont.)

Spartan Stuff

1957—1964 (cont.)

moving up to the 5th Line. The Goddards were next door to the Hogues on the other side and between the Goddards and the Hunters there was a vacant lot for many years. Then one day a little bungalow sprung up and the Vedder family moved in. They eventually moved back to Holland and Kathy and I still exchange Christmas cards with Coby Vedder. On the other side of the Hunters was the Slager family and later the de Vries family. Carrying on towards Clarkson Road were the Corps, the Steens, the Duffs. There were the Waltons, the Izatts, the Walkers, the Mosses, the Augers. Families with kids who went to Hillcrest, Whiteoaks, Willow Glen. And Lorne Park Secondary. Where are they all now, these kids from Balsam Avenue? Some things we'll never know, but on that Saturday afternoon 5 LPSS graduates renewed old friendships and shared laughter, camaraderie and sweet, sweet memories.



Cherie Hunter ('65), Don Hunter ('73), Yvonne Hunter ('67), Kathy Thompson ('65), Mrs Ethyl Hunter, Fred Hilditch ('63)

The finest examples of Victorian cottage architecture now are north of the Lorne Park Estates. The Peer House at 1016 Lorne Park Road has a one-of-kind arched roof balcony. Just north of the railway tracks a delightful gingerbread home, known as the Denison-Mcdougall-Tedder House – after a succession of owners – is the finest surviving example of the cottage style once common in Lorne Park Estates.



(cont.)

Spartan Stuff

1957—1964 (cont.)

Fast food giant celebrates 50 years of service. "I'll have a Teen Burger, and a Root Beer." That may be the most popular order in Canadian fast food history. The restaurant answering that order, A&W Food Services Of Canada Inc., celebrated its 50th anniversary last year in July 2006.

Holding down second place among the nation's burger chains, "the Dub" served 80 million-plus Canadians in 2005, good for \$559 million in sales. Not bad, for what started out as a single restaurant in Winnipeg in 1956. Now based out of Vancouver, A&W has grown up with the Baby Boomer generation - from "cruising" to the drive-in restaurant in their teens, through to retirement today. Fond memories still bring them back for a burger, onion rings and the world's No. 1 selling root beer. "Oh, these are powerful, powerful items," says Gerard Forais, owner/operator of A&W's Central Parkway/Mavis Rd. location. "They pick up that mug in their hand, it's an instant flashback." In the early '60s, the area's only A&W was a drive-in in Port Credit, on Lakeshore Rd., just west of the harbour. A generation of high school students cruised down there, waited for the carhop to hook a tray of food to their window and enjoyed the burgers. "I used to go down there on a Fri. or Sat. night about 11. The place was always packed," says lifelong Port Credit resident Jim Mack.



Dave Ripley 1956 Hillcrest Public School - Two years ago after the unfortunate accidental death of Lorne Park Alumnae Member, Catherine Kerr, I had made several enquiries to contact friends of Catherine's. In doing the research, I discovered many of my classmates from elementary school days that got separated when the geographical split was made to go to secondary school. At your next homecoming event, if you have a meet and greet event, it might be fun to extend the invitation to the two schools that took some of the students from White Oaks and the 'Old' Hillcrest Public Schools and the separate school on Clarkson road. These involved students bussed to school from North of the Queen Elizabeth to the elementary schools south of the QEW. It was in fact at a time when students shared the T. L. Kennedy facility during construction of the Lorne Park High School that this initial 'split' occurred. I gratefully received Catherine's copies of the Lorne Park year books from the time she was at the school as these coincided with the time I was at T.L. Kennedy. Catherine's sisters, who are also Lorne Park Alumnae, have their own copies of the year books. There are many past friends from elementary days that show up in these books and it would be fun to make a reconnect. I am sure that I am not the only one who would enjoy seeing some of the friends that were important even in a casual way from way back in the 50's and 60's. The two high schools that complimented Lorne Park in the 60's to early 70's were T. L. Kennedy and Gordon Graydon. Dave and I got together when Dianne and I were skiing in Collingwood in February.

(cont.)



Spartan Stuff

1957—1964 (cont.)



Lloyd Marshment Hillcrest Public School – I went to school with Lloyd up until 1956 and I met with him and his dad of 90 years for the first time in Mid March 2007. We discussed old times. It was great. Lloyd senior had a better memory than my school mate. I asked about Miles Amusement Park. Lloyd senior of 90 said “that was old when I was young”

Thanks to: Sandra, Cheryl x many, Kathy, Pat x Many, Phil, Tom, Sharon, Jim

1965—1969 **David Crouse ('65) - david.crouse@utoronto.ca**

Hello LPSS Class of '66 member:

Lorne Park Secondary School is 50 years old this year and a group of enthusiastic volunteers is planning a reunion. The Class of '66 is represented by Donna (Walker) Harrison and committee members: Jane (Smith) Connely, Elaine (Ostrander) George, Carol (Cline) Brayman, and Janis (Webster) Randall-Simpson, along with Beth Windeler from the class of '67.



For official reunion plans, check the LPSS alumni website *LPSSMatters.com*, newsletter, January 2007; on the unofficial side, we have booked a casual drop-in evening just for our class so we can mix, mingle, and generally have a great time. Here are the crucial details:

- * Friday, October 19, Bistro 1603 Lounge, 1603 Clarkson Rd. N. (east side, north of Truscott Rd. - lots of free parking)
There will be a cash bar and small cover charge for munchies.

Reunion events will take place at LPSS on October 20 from 9:00 AM to 12:30 AM (including a dance in the gym!). That evening, we are also organizing a post-party at Donna's house:

- * Saturday, October 20, 1568 Bramsey Drive, a couple of blocks west of the school (phone 905-822-7387)

* **Please let us know** whether you plan to attend either the Friday night drop-in or the Saturday post-party by contacting one of the committee members - names and email addresses below.

If you have an address for other grads or teachers that you have kept in contact with, please let us know (if you have information about someone from another year, we will forward it to the coordinator of their graduation year). We do have a class list if you want to take a look - email one of us and we'll send it to you.

Thanks in advance for your help. We look forward to seeing you and catching up on the 40 years since we left LPSS.

Donna donnajharrison@hotmail.com
Carol carol_brayman@hotmail.com

Jane jbconnely@hotmail.com Elaine elainegeorge71@hotmail.com
Janis janis.simpson@sympatico.ca

Spartan Stuff

1970—1979 **Ross Murison ('73) - rmurison@sympatico.ca**

(Ed. Note - after being a Correspondent with Spartan Stuff (1975-1979) since 2002, Michelle Oliphant (Nolan) ('77) has found herself too pressed for time to continue. Thanks Michelle for all your help, and we wish you the very best. See you on Oct. 20th.)



Before we get started I would like to welcome all the grads from 1975 to 1979. Michelle Oliphant (Nolan) who was looking after you has found it necessary to bow out due to time constraints.

I would like to thank Michelle for her fine contributions.

So now here you are with me. We like to have a bit of fun here, some story telling, a look back at the culture we experienced and I like to help with re-connecting friends.

Contributions from you are always welcome, written or photographs, and I make a point of answering my emails in a timely fashion.

Well this contribution almost didn't happen, well not almost on time anyway.

Have you ever heard of an ice dam? I hadn't until I came down stairs one morning and heard water running, and it wasn't from my sink, it was over the kitchen table!

This can't be good I thought. So it turns out that if you don't have good insulation in your attic and you have mild with cold and snowy conditions that this can happen. The heat from the house warms up the roof and water runs down refreezing, this then can block up at the eaves trough. The melting and freezing continues only now there's no where for it to go, so it freezes in a wedge going up the roof. This in turn forces the roof tiles up and the ice settles in under the protection of the tiles. Now when the weather turns warm and things really melt it pours into your kitchen.

The good news is that insurance will pay to have all this fixed. This happens in two stages, the first stage is to have a de-construction crew come in and tear out all the wet drywall, insulation and wood. They then spray an anti-fungi solution and then they bring in the industrial fans and de-humidifiers to dry everything out.

Timing is everything and as this happens my son came home from University in Sudbury during Reading Week with his new girl-friend. Talk about great first impressions. And we had a 17th Birthday Party for my daughter. Another one of the unfortunate off-shoots of this process was the heat was sucked out of the house and into the attic (not a good thing for a thrifty Scotsman to see); this made the bedrooms more like a sauna as the furnace struggled to keep the house at its normal temperature.

Anyway, all's well that ends well and the construction contractors came in this week and retuned our house to its previous splendour. The one good thing from all this is that the interior of my house got painted in the process so I can now strike that task off my spring to Do List.

So, how has your year started out? I trust it was in a positive manner.

I am looking forward to the nicer weather, it seems that we've gotten a touch of that lately, brings thoughts of BBQ to my mind. I do love to BBQ, I actually have three of them, propane for when I'm in a hurry, charcoal for when I'm not (or I want really good BBQ) and a smoker for those lazy days when I can sit in the back yard with a cold one and a cigar. I find myself seeking out BBQ TV Shows for new ideas.

I received another class picture from Tecumseh from Christine Woods (Heynes) ('70). There are some names and some names are missing, any help we can give will be very much appreciated.

(cont.)

"Age does not diminish the extreme disappointment of having a scoop of ice cream fall from the cone."

Jim Fiebig



"Never ruin an apology with an excuse."

Kimberly Johnson

"We make a living by what we get; we make a life by what we give."

W. A. Nance

Spartan Stuff

1970—1979 (cont.)



I received another class picture from Tecumseh from **Christine Woods (Heynes) ('70)**. There are some names and some names are missing, any help we can give will be very much appreciated. Here's what we have so far:

Top row: left to right: Christine Heynes (Woods), ?, ?, Garth Murphy, ?, ?, ?

2nd Row: Left to right: Carl McCleary, ?, ?, Joan McKenzie, ?, ?, Patrick Delaney, ?, ?

3rd Row: left to right: ?, ?, Norma Chisum, ?, ?, Janice McCarroll, Bill Cowie, ?, ?, ?

4th Row: Left to right: Marnie, ?, ?, Susan Sloan, Allan Stepka, ?, Daryl Johnson, ?, ?, Susan Bogart, Peggy

There are some other names on the back of the original picture, but I don't remember who they are with the picture, maybe you can put the names with the people: Stephen Jones, Stephen Crawford, Jean Hudson, Stephen Wikens, Andrew?

Thanks Christine and please forward any other photographs that you have, we love photographs here.

The task of getting as many LPSS grads signed up and aware of the big reunion continues. We now have over 2,000 people signed up! The Magic of Four is working; let's please continue along this path.

On a more directed note, that is the 1973 Graduates, there were 212 of us and as of the last newsletter we had 41 people signed up. I actually signed up at Classmates.com and have found a few people there and some people there have found me, which is a good thing. Let's see if we can get our participation up for the 50th Reunion, and going forward. Thanks.

This is not to let you grads from the other years off the hook, let's make the 70's the highest participation decade.

Because the number of new people has been higher than normal I'm unable to record everyone's name here. Know that we're happy that you're here.

(cont.)

Spartan Stuff

1970—1979 (cont.)

On a personal note there are a few people that I would like to say hello to:

Ian Webster ('73)

David Leprich ('72)

Cyndy Jensen (Robson) ('74)

Nice to see you here

Re-Connecting

I've had lots of great emails and conversation since the last newsletter.

Early in the year I got a call from someone I had been thinking of, and we got together in a local pub with a couple of other fellows for a beer and some conversation. Here's a picture, I was asked to refer to them only as 'The Boys':



I will say though while one has signed up I don't see any sign from the others. Come on boys, time to sign up.

I was just speaking with **Steve Smith ('72)** and on Saturday May 12th he'll be appearing with Roger Trueman at the Dyconia Resort in Wasaga Beach. Steve will be the one on the piano.

Speaking of Steve, he's looking to re-connect with some friends from LPSS. He's looking for Jeanne Coultas, Debbie or Ed Butts, and Mary Hendrix. Any help would be awesome.

It was nice to hear from **Cyndy Jensen (Robson) ('74)**, we go way back to Queen Victoria Avenue.

I received an email from **Dorothy Leith (Stasiuk) ('74)** and she would like to hear from Debbie Trupp. Any help would be awesome. Both Dorothy and her sister **Diane Leith (O'Reilly) ('77)** will be attending the reunion.

I exchanged a couple of emails with Sally Brown (Boyle) ('76). Thank you very much for a very beautiful email. I was also provided with some information for Sandy Cumberland (Halliday) ('74). Sandy was curious about Bruce Pearson, well as it turns out he's in California, however his sister Janet Pearson (Miller) ('70) works with Sally. Sally is the 1976 rep and Janet is the 1970 rep for the BIG Reunion this October.

If someone could help out Mary-Jo Donoghue (Bryant) ('74) with contacting Val Smith I know that it would be appreciated. Just a quick question, did you get re-connected with Sandy?

(cont.)

Spartan Stuff

1970—1979 (cont.)

I got a nice email from Jan Baines (Brownridge) ('73). Apparently with some helpful nagging she looked in on the website for *LPSS Matters* for more information on the 50th Reunion. I don't see her name appearing in the list yet, but hopefully soon.

I wanted to say hello to Bruce McFadden (73), I'm hoping that we can connect when next I travel to the wonderful city of Sudbury. My son is going to University there and I'm sure as school winds down this month I'll be making the trip up to help him move.

I also heard from Bruce Griffin ('72) and Bruce would like to know if there were any plans for a get together planned before the 50th in October. Well I for one would enjoy it, there are lots of options, if you like horse racing Woodbine started running again on March 31st, that's always good for some excitement. We could get together for a BBQ, I would be happy to host it. Well, why don't you let me know if there's any interest and where that interest would be.

Finally I had a brief email conversation with Joanne Blower (Kettle) ('74), here's hoping that life makes it easy to attend the 50th in October.

Our Culture

My favourite spot and now I get to pick movies and music from a complete decade, what fun. I have to tell you that I'm a great fan of animation and this weekend I bought 'Happy Feet'. This looked like it was going to be a mindless fun film, but no, there's more. It had an underlying story about the fear and ignorance that we have concerning our relationship with Nature. Very cool.

On a strong recommendation from my son (the History Major) I went and saw the film '300', very nice effects. This film was shot in Montreal in 60 days and it was all green screen. I enjoyed it however I think the film 'Wild Hogs' was more up my alley.

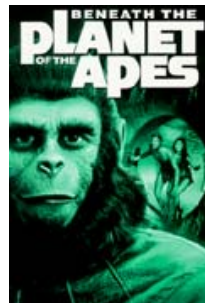
Anyway, here are some movies and music that might strike up a memory or two. Movies Released in the Spring (mostly).

1970

Beneath The Planet of the Apes

Released: May 26

The second and most horrifying of the five *Planet of the Apes* movies.
The mass of humanity has descended into speechless savagery, kept as captive animals by the talking apes who have inherited the world.



1971

The Barefoot Executive

Released: April 23

Steve Stone is an ambitious mailroom clerk at a third-rate television network when he stumbles onto the fact that his girlfriend's pet chimpanzee, Raffles, can pick ratings winners. Starring a young Kurt Russell, Joe Flynn, Harry Morgan, Wally Cox, and John Ritter,



(cont.)

Spartan Stuff

1970—1979 (cont.)

1972

Fritz the Cat

Released: April 12

Advertised as "X-rated and Animated," *Fritz the Cat* earned an impressive \$25 million in 1972. The gritty, often gross film shocked U.S. audiences accustomed to innocent flirtations and slapstick comedy in cartoons. Thirty years later, *Fritz* looks less shocking than puerile.



1973

Soylent Green

Released: April 19

Set in 2022 and starring Charlton Heston as a Manhattan cop trying to solve a murder in the over-populated, overheated city. His roommate played by Edward G. Robinson, tries telling him about a better time on Earth before there were no more resources or room left.



1974

The Conversation

Released: April 7

Francis Ford Coppola's taut masterpiece about responsibility, privacy, alienation, and paranoia is part Hitchcockian thriller, part grim character study. Gene Hackman stars as the amoral Harry Caul.



1975

Death Race 2000

Released: April 1

Paul Bartel's 1975 cheap-o satire about a futuristic international sport, an anything-goes car race where drivers score points for hitting pedestrians, stars David Carradine as a hero behind the wheel and Sylvester Stallone as his nemesis



(cont.)

Spartan Stuff

1970—1979 (cont.)

1976

Led Zeppelin - The Song Remains The Same
Released: April 21

Movies about music are great and this movie is no exception..
 If your a Zeppelin fan this is a must have in your collection.



1977

The Eagle Has Landed
Released: April 2

Michael Caine, Donald Sutherland, Robert Duvall, and Donald Pleasance bring this movie to life. This 1976 adventure story set in World War II concerns a Nazi plot to kidnap Churchill from his retreat, or murder him if need be.



1978

Eyes of Laura Mars
Released: April 5

Laura Mars exhibits a mystifying psychic ability. In her mind's eye, as if through the lens of her camera, she 'witnesses' a series of bizarre murders with terrifying clarity. Staring Faye Dunaway as Laura Mars and Tommy Lee Jones as the detective assigned to the case.



1979

Alien
Released: May 25

A landmark of science fiction and horror. In space no one can hear you scream, I still get chills. The "facehugger," the "chestbuster," (poor John Hurt thought he had indigestion) and Ripley's climactic encounter with the full-grown monster.



(cont.)

Spartan Stuff

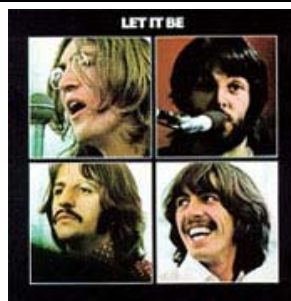
1970—1979 (cont.)

Music – Some of the albums you may have been listening to:

1970

The Beatles – Let It Be

What great songs, it's really hard to believe that the boys were about to implode. Oh that Yoko Ono.



1971

Doors – LA Women

The last official Doors studio album. My favourite release of the Doors. L.A. Women is a great song but so is "WASP (Texas Radio and the Big Beat)." however it's heard far and few between on the radio these days.



1972

The Eagles – Self-Titled

All good songs, I drove my friends crazy with my obsession with listening to this band. This is their debut album and I wore out a copy or two.



1973

Wings – Red Rose Speedway

Though it's a Wings album, it's entirely irradiated with Paul McCartney's personality--to the extent that virtually the entire band left him while attempting to rehearse for the supporting tour, claiming they couldn't operate in his huge, overbearing shadow.



(cont.)

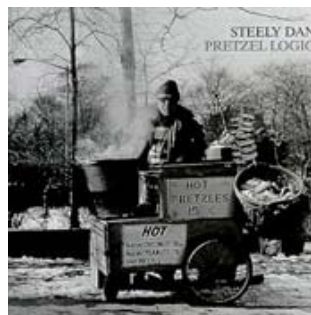
Spartan Stuff

1970—1979 (cont.)

1974

Steely Dan – Pretzel Logic

Pretzel Logic marked a transition for Steely Dan from a studio-bound rock band to a looser constellation of studio musicians under the direction of songwriters Walter Becker and Donald Fagen. Does anyone know what "Rikki Don't Lose That Number" was about?



1975

Elton John – Captain Fantastic and the Brown Dirt Cowboy

Well if I didn't have The Eagles on my turntable I would have Elton John on, and this release was no exception. Poor Bernie Taupin trapped inside a glass ball well Elton was front and center. Also this featured John Lennon on Lucy in the Sky With Diamonds



1976

Aerosmith – Rocks

Remains one of my favourite all time bands, never a Stones Clone (as I've been told). The Toxic Twins produced great song after great song and always remained Back In The Saddle.



1977

Jimmy Buffett – Changes in Latitudes Changes in Attitudes

Even though I am a Parrot-Head (been to 4 concerts, 1 in Atlanta, and 3 in Toronto) this is a great release. Put the CD on and set it to play any song and you won't be disappointed.



(cont.)

Spartan Stuff

1970—1979 (cont.)

1978

The Band – The Last Waltz

The Band with a few friends.

The friends in question: Ronnie Hawkins, Neil Young, Joni Mitchell, Neil Diamond, Dr. John, Paul Butterfield, Muddy Waters, Pinetop Perkins, Eric Clapton, Van Morrison, Bob Dylan, Ron Wood, and Ringo Starr.

Great live recording, great movie.



1979

The Knack – Get The Knack

.The hype was the new Beatles, the reality not so much. However I'm sure that most of you had this record in your collection and as you read this have My Sharona playing in your head.



Finally, recently, I was diagnosed with A. A. A. D. D. - Age Activated Attention Deficit Disorder This is how it manifests:

I decide to water my garden. As I turn on the hose in the driveway, I look over at my car and decide my car needs washing. As I start toward the garage, I notice that there is mail on the porch table that I brought up from the mail box earlier. I decide to go through the mail before I wash the car. I lay my car keys down on the table, put the junk mail in the garbage can under the table, and notice that the can is full. So, I decide to put the bills back on the table and take out the garbage first.

But then I think, since I'm going to be near the mailbox when I take out the garbage anyway, I may as well pay the bills first. I take my check book off the table, and see that there is only 1 check left. My extra checks are in my desk in the study, so I go inside the house to my desk where I find the can of Coke that I had been drinking.

I'm going to look for my checks, but first I need to push the Coke aside so that I don't accidentally knock it over. I see that the Coke is getting warm, and I decide I should put it in the refrigerator to keep it cold. As I head toward the kitchen with the Coke, a vase of flowers on the counter catches my eye--they need to be watered. I set the Coke down on the counter, and I discover my reading glasses that I've been searching for all morning.

I decide I better put them back on my desk, but first I'm going to water the flowers. I set the glasses back down on the counter, fill a container with water and suddenly I spot the TV remote. Someone left it on the kitchen table. I realize that tonight when we go to watch TV, I will be looking for the remote, but I won't remember that it's on the kitchen table, so I decide to put it back in the den where it belongs, but first I'll water the flowers. I pour some water in the flowers, but quite a bit of it spills on the floor. So, I set the remote back down on the table, get some towels and wipe up the spill. Then, I head down the hall trying to remember what I was planning to do.

At the end of the day:

- the car isn't washed,
- the bills aren't paid,
- there is a warm can of Coke sitting on the counter,

(cont.)

Spartan Stuff

1970—1979 (cont.)

- the flowers don't have enough water,
- there is still only 1 check in my check book,
- I can't find the remote
- I can't find my glasses,
- And I don't remember what I did with the car keys.

Then, when I try to figure out why nothing got done today, I'm really baffled because I know I was busy all day long, and I'm really tired. I realize this is a serious problem, and I'll try to get some help for it, but first I'll check my e-mail.....Don't laugh -- if this isn't you yet, your day is coming!!

Well that's it for now; please feel free to email me with questions, requests, and ideas, and please find time to donate blood. It's in you to give.

Peace, Ross

1980—1989

Clarissa Stevens-Guille ('83) - clarissasg@sympatico.ca



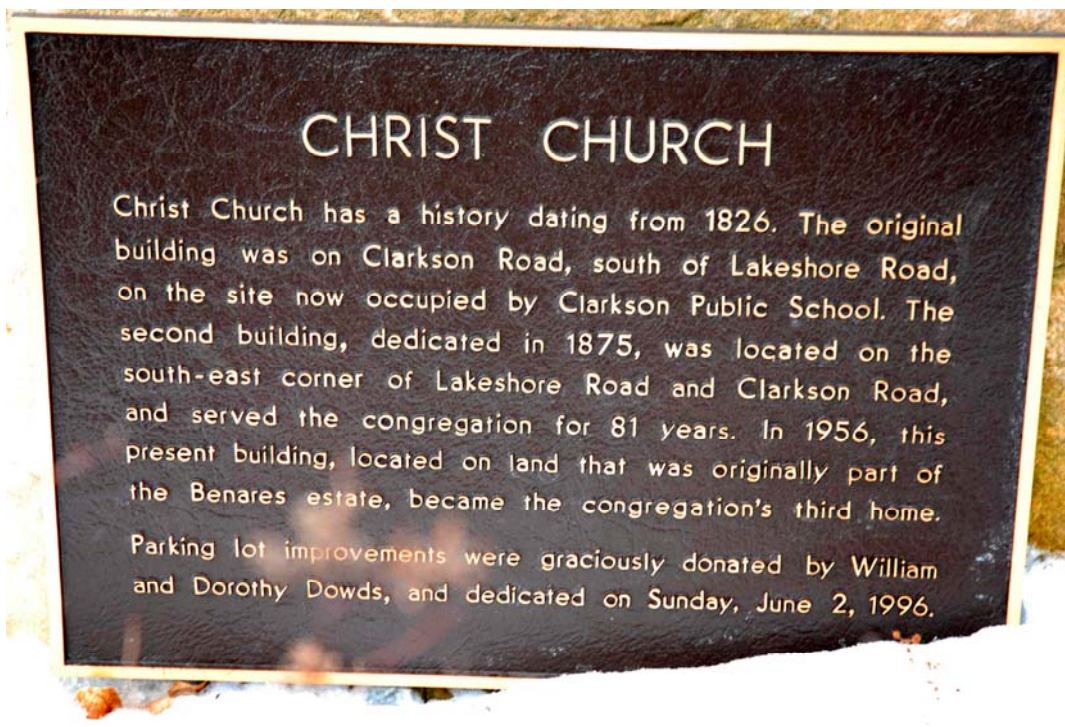
1990—1999

Lindsay Lepp (Williams) ('95) - linzy905@hotmail.com

Adi Rolider ('93) is living now in Waterloo, ON along with his wife, Shimrit and their 2 year old son, Idan. He is now completing his Ph.D. in Microbial Biotechnology at the University of Waterloo.



and finally...



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