



LPSS Matters

Official Alumni Newsletter of Lorne Park Secondary School

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July 2006

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www.LPSSMatters.com

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50th Anniversary Reunion
October 19-21, 2007

HELL'S ANGELS?



Left to right: Tom Auchincloss, Andy Korczak, Tom Wright, Bob McKee, John Bernick, Pat Lychy, Laura Rosebrugh, Haden Heathcock, Miriam Bardswich and Art Cuthbert.

New Principal Coming to LPSS Sept 2006....

The void left by outgoing Principal Cathy Patterson is being filled by Julie Hunt Gibbons.

Julie attended high school in Connecticut and holds degrees from the University of Western Ontario, The University of Windsor, and the University of Toronto.

New to Lorne Park, Julie is not new to Peel. Julie started her teaching career at Morning Star Secondary in Malton. She then moved to Heart Lake Secondary School in Brampton followed by Glenforest Secondary School in east Mississauga. Julie's next teaching stop was Erindale Secondary in West Mississauga prior to leaving the board for one year to work with Pearson Educational Publishing. More recently, Julie has spent the last 5 years as Vice Principal at Erindale Secondary School.

An avid sports enthusiast, Julie must now replace "Go Raiders" with "Go Spartans" and trade in her green for red. She is looking forward to joining the Lorne Park staff and supporting all Spartans in their quest for excellence both academically and co-curricularly.

"Old" Principal Leaving LPSS Sept 2006....

Cathy Patterson, Principal of Lorne Park Secondary School, is leaving Sept. 1 to take over the Principal's position at Clarkson Secondary School. Cathy has been a huge help in supporting the LPSS 50th Anniversary Reunion, and has been a staunch supporter of *LPSS Matters* and our alumni website. It is with sadness we say good-bye to Cathy, and we wish her all the best in her future position.



CN Tower turned 30 years June 26 2006

National icon... Toronto landmark... World's Tallest...553.33 metres (1,815 ft 5in), Engineering Wonder...the CN Tower is celebrating 30 years. Memorable events:

1. In the beginning: **1970** – CN Tower project is approved; **1973** - February 6, construction begins
2. **1975** - March 31, the CN Tower officially became the World's Tallest Free-Standing Structure
3. **1976** – June 26, 12 midnight - the CN Tower opens to the public to welcome over 12,000 enthusiastic guests on its very first day
4. **1977** – first annual fundraising climb of the CN Tower staircase, 1,776 steps takes place to raise money for the United Way of Greater Toronto
5. It took approximately 40 months to complete the CN Tower
6. The CN Tower was originally built at a cost of \$63 million
7. There are a full 40,524 cubic metres (53,000 cubic yards) of concrete in the CN Tower, enough to build a sidewalk curb from Toronto to Kingston, Ontario (that's over 231 km)



8. The World's Tallest Building weighs in at 117,910 metric tonnes (130,000 tons). This is about the equivalent of 23,214 large elephants

9. Lightning strikes the CN Tower an average of 75 times per year. Long copper strips, running down the CN Tower to massive grounding rods buried below ground level ensure that each lightning strike safely finds its way to ground

10. The upper reaches of the CN Tower are built to withstand turbulent winds with a wind resistance factor of up to 418 km/h (260 mph)! In addition to the stability and strength of the structure, the armour-plated windows of the Tower were carefully designed for extreme wind tolerance

11. Between the top of the antenna and the ground, the difference in temperature can be up to 10° C cooler

12. The CN Tower was built with the strength and flexibility to withstand an earthquake of 8.5 on the Richter scale



(sent in by Fred Hilditch ('63))

LPSS 50th Anniversary Reunion – Class Representatives/Volunteers as at June 29, 2006

1959 - Patricia Conron (Henderson) Virginia Haggerty	1969 – Wendy Arntfield (Van Exan)
1960 - Mary Lou May (Baldwin) Mike Thorne Larry Curtis	1970 – Janet Pearson (Miller)
1961 – Linda Fletcher (Baker) Sue Bryan (Myllykangas)	1973 – Ross Murison
1962 – Ally Sandy Koohtow (Kerr) Margaret MacLennan (Dyne)	1974 – Julie Russell (Thur)
1963 - Rick Gorman Karen Kerr	1975 – Chris Price
1964 - Mike Raham	1976 – Sally Brown (Boyle)
1959-1964 - Fred Hilditch	1978 – Michelle Oliphant (Nolan)
1965 – Pat Raham (Carr)	1979 – Tim Frazer
1966 – Donna Walker (Harrison)	1981 – Brenda Bennett (Learmonth) Howard Smith
1967 – Doug Alton/ Karen Empey (Alton)	1982 – Timothy Brown
1968 – Judy Darling (Orr) Bruce McLeod	1983 – Clarissa Stevens-Guille
	1985 – Ken Reeves
	1995 – Lindsay Lepp (Williams)
	1997 – Colin Crouse
	2001 – Erin Crouse Patrick Waller
	2002 – Clive Chang
	2005 – Alison Forde

Still needed:

1971	1991
1972	1992
1977	1993
1980	1994
1984	1996
1986	1998
1987	2000
1988	2003
1989	2004
1990	2006

If you would like to volunteer as a Class Representative and help make this a great reunion, please contact David Crouse at david.crouse@utoronto.ca

**50th
Anniversary
Reunion
October 19-21,
2007**

“Into the Unknown”—Lynn Jenkins (Stevenson) ('71)

www.marylennstevenson.com



Being an auction junkie can sometimes be quite hard on the pocketbook. Getting caught up in the fervor of ‘I want’ it is so easy to get carried away in the bidding war. Before you know it, you are way over what you had originally budgeted for that particular item. Thank God for plastic!

A number of years ago, however, I started putting into practice something I learned many years ago, the power of positive thinking. I first tried it at an outside auction in Burgoyne. Russ dropped me off at the gate while he went to park the truck. As I was heading towards the counter to get my bidding number my eyes rested upon an old jam cupboard. I walked directly over to look at it and knew I had to have it, no matter what. Unfortunately, there were a few other people looking at it as well. Standing there, wishing everyone else that was interested in would go away, I remembered what I had been taught about the Power of I AM and the Power of Positive Thinking and decided to give it a try.

First, I had to set a price limit, an amount I felt I should pay for it. I then visualized bidding on it and getting my jam cupboard for \$75.00. I sat for ½ an hour visualizing and seeing ‘my cupboard’ in my dining room. My time was running out. I was going to do a ghost tour and tell ghost stories to one of the auctioneers, explained my dilemma and asked if they would be auctioning that old jam cupboard off soon. He nodded, headed in the direction of my cupboard. The bidding started at \$100. I told him it wasn’t worth it. He went down to \$50. and the bidding started. The bid for \$75.00 was in my court. I took it, and the rest of the bidding stopped. I got it for \$75.00!



I then visualized bidding on it. Next I visualized somebody helping Russ load it. I approached the auctioneer and asked if they would be auctioning that old jam cupboard off soon. He nodded, headed in the direction of my cupboard. The bidding started at \$100. I told him it wasn’t worth it. He went down to \$50. and the bidding started. The bid for \$75.00 was in my court. I took it, and the rest of the bidding stopped. I got it for \$75.00!

Russ and I left the auction and he drove me to the farm and then returned. As he was leaving, a young man approached him and offered to help him load the jam cupboard on the truck. It had worked!

This visualization thing has become a handy tool at many an auction.

The art of manifestation, however, is not just about visualization. It is also about being grateful for what you have and giving thanks. For example

I am grateful and thankful for the abundance I experience now.

I am grateful and thankful for my health

I am grateful and thankful for the people in my life

It is also important to see things in the now, i.e. abundance is available to me now. If you focus on something happening tomorrow, or next week, it will never come about. Tomorrow, next week, next month, whatever, are always in the future and you have to focus on the now.

All visualizations and affirmations need to be in the present. It may take a day/week/month, sometimes even a year to come to fruition, but the Universe will always bring it to you. Timing is important and it will happen when the time is right.

Emotions drive the thought process and the law of attraction. Therefore, if you are angry, jealous, envious, etc. you will manifest the negative side of your thoughts. If you continuously think thoughts such as, “this will never happen, or, I will not get what I want”, it won’t happen and you won’t get it.

First, be clear in what you want or want to happen and ask for it. It says in the bible ‘Ask and you shall receive.’ Second, wait for the Universe to answer, which it will. Third, be in the receiving mode. I once told a client an opportunity for a new job was coming her way. She phoned me about 2 months later, complaining bitterly that she was still in her same old job. During the course of our conversation, she told me about a job offer that had come her way and she turned down! If you want change, be the change you want in your life and when opportunity knocks, answer.

If you want more money in your life, see yourself with money in your hand. Don’t focus on winning the lottery, just focus on having money in your hand, paying off bills, paying off your mortgage etc. If you want to bring love into your life, visualize the type of person you want to be with, not necessarily a specific person, because that particular person may not be as good for you as you think. Do not settle or go for second best. The Universe always knows what is best for you.

(cont. pg 4)



Q. My mother must take several medications at different times of the day. She has always managed them herself, but recently I notice there's a mini drugstore on her night table. Does she really need all those drugs, and how can we be sure she's keeping them straight?

A. You are right to be concerned about this issue – it's estimated that 50% of prescription drugs are ineffective because they are not taken properly. It's also common to receive prescriptions from more than one physician, which may lead to inadvertent adverse reactions between various drugs. Add that to the very real possibility of confusing or missing a dose, and your mom could be at serious risk. Here is a plan:

Verify all prescriptions

Schedule an appointment for you and your mom with her family doctor. Be sure to take all her medications, even non-prescription ones, in their original containers. At the session, position yourself as a partner in your mom's healthcare, and ask for all the medications to be reviewed – whether or not this physician prescribed them. Chances are the list will be winnowed down. Make notes, recap the decisions and leave the discarded medications with the clinic for disposal – if you take them home, they'll find their way back to the night table!

Set up a dispensing system

The most common method of dealing with lots of medications is the 'dosette' – those little plastic day-and-time boxes. Successfully using a dosette relies on its being filled regularly and accurately. Your mom or a family member may prefer to fill it themselves once a week, but this can be error-prone. An excellent option is a *pharmacy-filled dosette*. The pharmacist reviews all prescriptions and pre-fills all medications by day and time. The dosette can be picked up or delivered on a weekly basis - hand in an empty one, receive the filled one, and your mom can help herself. If there's danger of the dosette being spilled or confused, choose a weekly blister-pack.



Typical 'dosette'
– bilingual and
including Braille!

Write it down

Another benefit of the blister pack is that all labels appear on the card, outlining the medication name, dosage and condition it's prescribed for. Go a step further and document this list, and keep a copy. Tuck one into your mom's wallet beside her OHIP card, so that anytime she seeks medical attention – especially if she's not able to communicate – the information is readily available.

Stay involved

Continue to attend important medical appointments with your mom to monitor changes in her health and medications. Do her medical practitioners know you? If she were incapacitated for any reason, do you know enough about her medical condition to direct her care? If not, get informed now – don't wait for a health crisis.

A safe and happy summer to everyone – and their parents – from ElderCareCanada!

(cont. from pg. 3)

Do not push against the negative. "What you resist, persists." Or "You create what you defend against." War against crime and terrorism brings more crime and terrorism. An anti-war rally brings on war, however, a peace rally brings peace. Be mindful of your thoughts. Positive begets positive and negative begets negative.

As the song goes, "Don't worry, be happy." Keep positive thoughts, be in the now, and positive will come your way.

I didn't know that!

- Fact 1: As each goose flaps its wings it creates an "uplift" for the birds that follow. By flying in a "V" formation, the whole flock adds 71% greater flying range than if each bird flew alone.
- Fact 2: When a goose falls out of formation, it suddenly feels the drag and resistance of flying alone. It quickly moves back into formation to take advantage of the lifting power of the bird immediately in front of it.
- Fact 3: When the lead goose tires, it rotates back into the formation and another goose flies to the point position.
- Fact 4: The geese flying in formation honk to encourage those up front to keep up their speed.
- Fact 5: When a goose gets sick, wounded, or shot down, two geese drop out of formation and follow it down to help and protect it. They stay with it until it dies or is able to fly again. Then, they launch out with another formation or catch up with the flock.



We Remember...

Hi Lindsay;

Just wanted to pass along the sad news that Ben Farrant ('98) was tragically killed last Thursday out west. The details are in this re-membrance placed in today's Vancouver Sun... <http://www.legacy.com/Link.asp?id=LS18428366X>

Regards,
Hanne Hansen (Simoes) ('76)

Cheryl Gillson (Correia) ('83)

Suddenly, at the Oakville Trafalgar Memorial Hospital, Oakville, on Friday, June 16, 2006. Cheryl Gillson, beloved wife of Tony Correia. Loving daughter of Bruce and Donna Gillson. Dear sister of Victor and his wife Irina Gillson. Friends may call at the LEE FUNERAL HOME LIMITED, 258 Queen Street South, Streetsville (Mississauga Road, south of 401) on Sunday, June 18, 2006 from 2-4 and 7-9 p.m. Funeral Service will be held in the Funeral Home Chapel on Monday, June 19, 2006 at 1 p.m. Interment in Glen Oaks Memorial Gardens, Oakville.

Yvon Rodgers ('84)

Life is like a ten-speed bike. Most of us have gears we never use.

Charles M. Shultz

GEO KALNINS ('63) -
Passed away in 2004

Letters

Hello Clarissa

I may have brought this up a year or two ago when we exchanged emails, but has anyone thought about changing the alumni list? I was thinking it would be a neat thing if when looking at the list of peoples names from your year (or any year) it was possible to click a person's name and it link to a small "profile" or ID. card that could contain an email address and a location. This could be completely voluntary and only those that want unsolicited emails from people would sign up.

I am sure I am not the first person to ask about this idea, and I know there are probably 50 reasons why it isn't like this already, but I thought I would suggest it. By the way, I do enjoy seeing the newsletters and you guys do a great job.

Take care.

Mike Brideweser ('82)

Hi,

My name is Mark Tamblyn-Watts, better known as Mark Watts, even better known as Gonzo, '78-'81. Just wanted to say nice job on the website and newsletter, when I first checked in about 10 years ago, there was very little happening but nice to see how well and far you have taken it!

All the best,

Gonzo (but not forgotten) ('81)

I have the following links I would like to add:

Hello to all you grads. A special note to all you wonderful musicians, and Algonquin bounders

Haden Heathcock (retired teacher)

HELLO TO FRED METH MY OLD HOCKEY PARTNER . ALSO DID NOT SEE MY NAME ON ANY LIST . KEEP IN MIND SOME US OF DID NOT GRADUATE WITH FULL CREDITS. PUT ME IN THE YEAR OF 63. ALSO A GOOD FRIEND GEO KALNINS PASSED AWAY IN 2004 GRAD YEAR 63 ?

Dave Wood ('62)

Hi Editor!

I just wanted to send this marriage announcement to you. Both Peter and I graduated from Lorne Park... so I thought it would be great to send out this announcement to the LPSS news:

On June 11, 2006, Melinda Maria Estabrooks ('91) and Peter Alexander Williams ('89) were married at The Atlantis Pavilions, Ontario Place in Toronto. Peter, the owner and operator of Riveroaks Chiropractic and Wellness Centre in Oakville, and Melinda, an Associate Producer with Listen Up TV and a motivational speaker, will reside in Oakville, ON.

Thanks so much!

Melinda Estabrooks

**50th Anniversary Reunion
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Landmark smokestacks come tumbling down

The four towers that dominated Mississauga's waterfront for 43 years were reduced to rubble in a fleeting 40 seconds this morning. At 7:30 a.m., a series of explosions set at the base of the Four Sisters - the 146-metre (493 foot) chimneys at the Lakeview Generating Station that have been beacons to sailors and pilots almost forever - brought the towers crashing to the ground in a violent explosion that sent huge black clouds of dust out over Lake Ontario.

Hundreds of people gathered on the shoreline and on the Roy McMillan headland where Ontario Power Generation (OPG) held a send-off party for the sisters. They cheered as the dust rose on the horizon on a clear, crisp morning that afforded a perfect view of the demolition.



Winnifred Wood, who has lived on nearby Beechwood Ave. in Lakeview for 52 years wasn't going to attend the blast-off originally but relented and set off at a slow pace with her cane and her camera.

"If my husband were here, he would have been the first one there," said Wood of her husband Leonard, who died two years ago. "He took pictures of everything."

The 82-year-old had no doubt why there was a traffic jam around the Lakeview plant that was opened by former Premier John Robarts on June 20, 1962.

"These smoke stacks have been involved in people's lives for many years," she said.

Andrew McLellan, 38, may have come the farthest to see the demolition, from Dallas-Forth Worth, and may have been there the earliest.

"We got there at 4:15 a.m. and there was nobody there but some security in orange vests," said McLellan, who grew up in Mississauga before moving to the U.S.

"It was weird, almost surreal," said McLellan who got a prime spot for his video camera along with friend John Bye, another Gordon Graydon alumnus who used to climb Lakeview's coal pile as a child.

"It was flawless. I didn't believe it would be so smooth,"

said McLellan, a flight attendant. "It was like someone had attached a string to them and just pulled it."

The company that Mayor Hazel McCallion started her career with, Canadian Kellogg, built the plant and the veteran mayor gave the order to begin the official count-down to start its demolition.

"I was paid to build it and I got an award for closing it," said the mayor. The land will never be used for condos, she said, but could be converted to a cleaner burning power plant, or for industrial uses.

One man happy to see the stacks disappear from the horizon was Jack Gibbons, of the Ontario Clean Air Coalition who gave the mayor the award for helping convince the Ontario government to shut it down.

"This is a fantastic day for clean air," said Gibbons. "The most prominent symbols of dirty air in the GTA are going to be knocked down today. There's no sense of nostalgia. This was the number one air problem in the GTA."

Cawthra Park Secondary School student Siannon Plaa-jes, 18, might have been a little late for class, but the experience was worth it.

"They're a landmark and this is a momentous event," she said.

Erin Mills resident Howie Hall, a retired teacher, thought about spending the night on his boat to get a good photograph but the cold weather deterred him. He biked down to the site instead.

Hall regularly used the stacks as a marker to find his favourite spot to fish for salmon on the Lake. "I would run right between the smoke stacks and the mouth of the Credit River where it's a little shallower," he said. Looking back on the spot where the stacks had crumbled just moments earlier, Hall said, "Now they're gone. It's going to seem very strange."

John Stewart
Mississauga news
Jun 12, 2006



Spartan Stuff

1957—1964

Fred Hilditch ('63) - fred@businessdata.on.ca



Mike Thorne ('60), Mary Lou (May) Baldwin ('60), Bill Kerr ('60), Linda Baker (Fletcher) ('61), Fred Hilditch ('63) got together for lunch recently, at Cherry Hill House, Mississauga. They had a great time reliving some Clarkson/Lorne Park times - you know 'the good old days'.....and they were!

Bruce Holliger ('63) brother of **Judy Holliger ('62)** - I attended Whiteoaks primary School in Clarkson followed by Lorne Park High School. Buried very deep in storage I have old pix of childhood places and chums from that era...Richard French went on to become a Rhodes Scholar and I saw him and his sister Jennifer out here in BC a long time back, I have lots of memories and some pics that could/would/have included Peter Crowder, Bart and Anne Crashley, Al and Mary Millward, Cameron Pengilly, Graeme Box, Donna and Marsha Laidley, Mark and George Herring, John Siemens, Jackie and Betty Hammond, the Ditchburns, Bev Oda, Dave and Joy Vriesen, Allan Outred, Ross McEwan and Priscilla and Sharon Upston & Louis DeBoer. After Lorne Park I attended private school at St. Andrews college in Aurora, Ont. and came West and worked for a few years, then returned to Clarkson for 3 years, stayed at the Vriesen's home directly beside our old homestead, worked for Culligan Water, married Jacqueline Woodward in 1967 in the Clarkson United Church and then came back West...had a pack of kids, now have 7 grand children and am widowed. Life has been good....I was born in December, 1944 and will probably retire this year or next...I'm comfortably situated and still in good health. 1st email - Browsing thru the web and found this scrap of history. I'm in BC with little or no chance of a reunion visit but thought I'd drop a line would of course like any info you have as well. My sister who was a year older and a grade ahead lives a block away from my home (Judy Anne Holliger...now Collishaw) and we're both healthy and doing well.

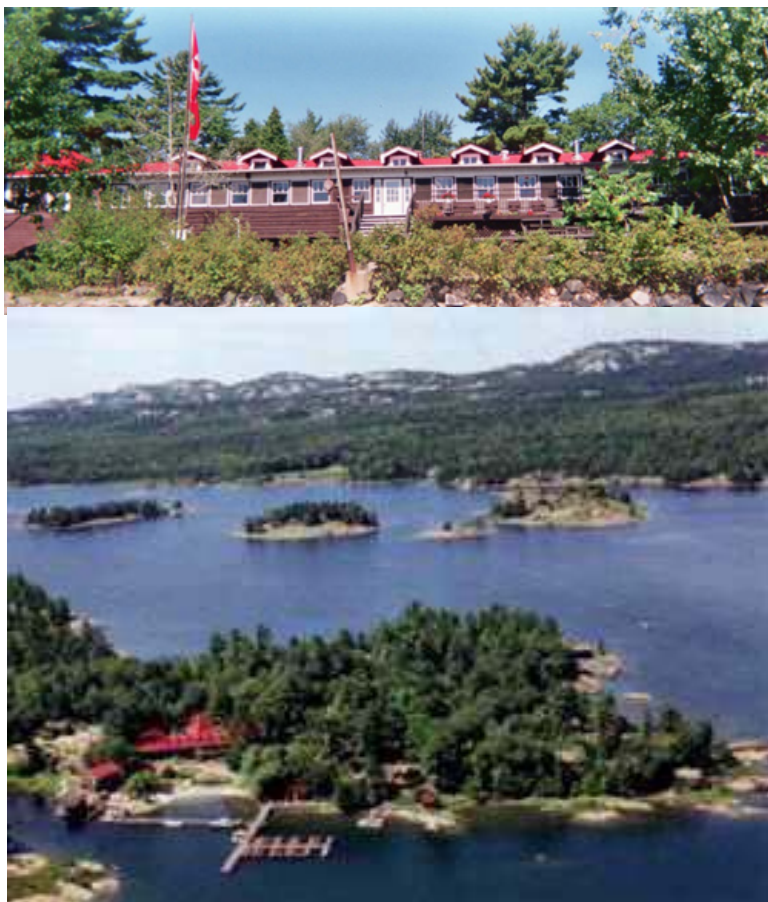
Susan Potts ('68 approx) - That was a good newsletter, Fred. I loved the part about my "still being around"! LPSS was

Spartan Stuff

1957—1964 (cont.)

my first school, and I wasn't much older than my grades 12s. Tell Don that I'm glad to know that he's still around.

We heard from **Allan Van Wagner ('64)** - Fred our place, The Island Lodge is at the upper end of Georgian Bay east of Manitoulin island. It's a great trip but in a small boat you would probably want two days up and two days back. We have plenty of boats, it's probably easier to drive. I would ask the two or three people I still know how to contact if they wanted to come at the same time. I imagine you have kept in touch with many more perhaps you could organize a mini reunion. My wife Sylvia is from North Vancouver and we have been married since 1970, 2 boys 26 and 24 an airline pilot and a business grad working with me. We live on a citrus farm on the outskirts of L.A. but have always spent our summers on various islands we have bought and sold in Ontario. I remembered Gibson Lake and dropped by on one of my many trips past. A neighbour pointed out your place which was different from the old place and told me your brother still had the old place. It looked like a city mansion! I take it business is good! They said John had the place across the lake. Al's Island Lodge Box 87 Whitefish Falls, Ontario, Canada, POP 2H0 Toll Free: 1-800-461-1119 • 705-285-4343 Fax: 705-285-0630 Web: <http://www.island-lodge.com/> Email: island-lodge@island-lodge.com If you are looking for a unique vacation experience, at the island lodge we can help you escape to the pristine beauty of the Bay of Islands. Come explore the thousands of coves and islands of Georgian Bay and the North Channel, in the heart of Rainbow country. The lush green islands that dot the sparkling blue waters, at the foot of the La Cloche Mountains is where you will find THE ISLAND LODGE.



Dick Gregory ('62) picture was in the Toronto Star Jun. 22, 2006 with his Company's, Bank of Montreal donation to Kids' programs. The Toronto International Boat Show is buoying hopes for thousands of children this summer. Organizers of the week-long exhibition presented a cheque for \$40,000 yesterday, to be evenly divided between four organizations: Variety, the Children's Charity; Camp Oochigeas; the Ontario Sailing Association; and The Toronto Star Fresh Air Fund. The funds are raised during an annual sneak-preview night, sponsored by the Bank of Montreal, that takes on the cusp of the boat show, held in January. "We've supported them since the very beginning," said Rick Gregory, Ontario divisional sales manager for Bank of Montreal's RV and Marine division. "It's just a great idea. Ourselves, we do very well at the boat show. If we can help on the opening night to raise a few bucks for the kids, that's an added bonus."

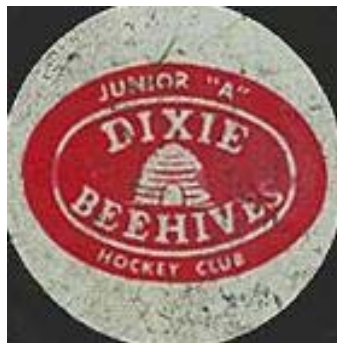
Spartan Stuff

1957—1964 (cont.)



On June 13th fellow Curves's workers, Fred's wife Dianne Hilditch (Pell), Port Credit Club and **Pat Base ('65)**, Clarkson Club road the 30 passenger bicycle for the Hearts & Stroke Fund. Between the two clubs they raised approx \$5500 of which Dianne generated \$1350+. Fred was going to ride too but he and the bosses son-in-law got bumped by some late arrivals (Ladies).

Dixie Arena remembered in a Cook book - THE MISSISSAUGA NEWS - Who was the only man to play hockey for the Dixie Flashers, Dixie Rockets and Dixie Beehives? What current National Hockey Leaguer (NHL) played just one shift with the Beehives and broke his stick? Why did Frank J. Zamboni show up at Dixie Arena one day with a scowl on his face? The answers lie in *From Frozen Ponds to Beehive Glory: The Story of Dixie Arena Gardens*, a new book by former Ward 7 City of Mississauga councilor Dave Cook. "Dixie Arena meant many things to many people," Cook said in an interview. "It was the entertainment centre. It was the community centre. It was the only thing in town." The arena was a gathering place for several generations of hockey fans, but Cook notes that is only part of the story. Professional wrestling, lacrosse, curling, roller skating and figure skating filled the house on different occasions. It was also once the site of the largest show of gladiolus in North America and later hosted huge auto auctions. In the end, it was transformed into a teen dance club called the Astralight. That provoked a bitter confrontation with City Hall over fire regulations and left the building dark for seven years before it was demolished in October 1996, nearly 47 years after opening. After finishing his first book, on the history of Applewood Acres, the neighbourhood where he was raised and still lives, Cook had no intention of writing another. However, the lure of Dixie Arena stories was too strong. Cook had collected great material and couldn't resist compiling another historical volume. Eighty-seven trips to the library later, the former Mississauga News reporter has been through too many old newspaper clippings to count. He even found, to his astonishment, that he had covered the Beehives for three weeks when former reporter Frank Baliva was ill, an experience he'd forgotten. While it is Howard Pallett's name that is most often associated with Beehive lore, it was Les Pallett who raised \$200,000 for the building. The most fun, for Cook, was including stories in the book that may not be 100 per cent accurate. One such item featured Zamboni, who came to check out an ice-cleaning machine called the Dixie Dandy, which looked suspiciously like his own invention. The arena stopped using the Dandy shortly thereafter. From **Fred** – when I started playing organized hockey for Clarkson in 1956 we played games at Dixie Arena and practiced in Brampton early



on Sunday mornings. Our team was coached by the Heritage Boys (Ross, Don, Bruce & Jim) and we wore yellow and purple sweaters because our team was sponsored by the Lions Club. My cousin's daughter married the son of the daughter of Howard Pallett. Small world.



Spartan Stuff

1957—1964 (cont.)

Local Olympian - Fellow hockey player **Dean Oldershaw's Port Credit High School '63** father Bert Oldershaw, a three-time Olympian who later served on the Canadian Olympic Committee's board of directors, has died. He was 84. Oldershaw won numerous national canoe titles and represented Canada at the 1948, 1952 and 1956 Olympic Games. After leaving racing at the age of 38, he remained in the sport and helped found the Mississauga Canoe Club in 1957. He then helped coach countless Canadian athletes on the international stage. "I am personally saddened to learn of the passing of Olympian Bert Oldershaw," said COC President Michael Chambers. "Throughout his life, Bert was a tremendous contributor to the Olympic movement in Canada and will be forever remembered as a pillar of volunteer support to the development of canoe and kayak in this country. He will be dearly missed." Oldershaw later spent 12 years as a member of the COC's board and was responsible for raising more than \$1.25 million from the private sector to assist the development of high-performance sport. He was inducted into the Canadian Olympic Hall of Fame in 2004. "From the very beginning, he was compassionate about canoeing and as a child living on Toronto Island, he would paddle back and forth every day to get to school," said former COC President and Canadian Olympic Hall of Fame member Jim Worral. "Bert devoted a lifetime to the development of canoe both in Canada and internationally and I shall sorely miss his feisty voice and our mutual recollection of almost sixty years of Canadian sport." Oldershaw's sons Dean and Reed each represented Canada in kayaking at both the 1972 and 1976 Olympic Games. His youngest son Scott paddled for Canada at the 1984 Games in Los Angeles and is the current coach of two-time Olympic medallist Adam van Koeverden. Recently, his grandson Mark won two gold medals at the 2001 world junior canoe championships in Brazil.

Karen Turner ('64) - Thanks for this issue of the newsletter. As usual, reading notes from very familiar names brings back a lot of memories. About Bev Oda - when she was running in the last election, I wondered if she was the same Bev Oda who lived on the same street as me - Hartland Drive - in the early 60's - seems like she is. I remember the house she lived in. She had a younger brother named Frankie, and I'm pretty sure her mother worked at the post office.

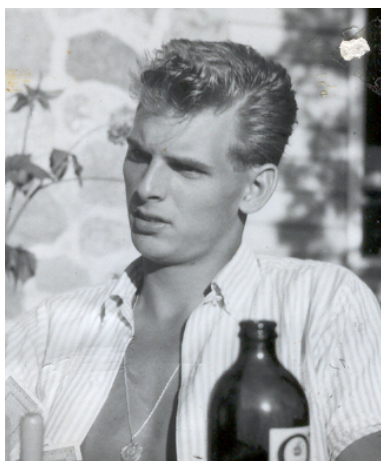
Lorne Park GO Train - THE MISSISSAUGA NEWS - A TAXI KEPT CLARKSON AND LORNE PARK FROM GOING TO WAR - An angry mob gathered at the Lorne Park Community Hall--but the big-wigs at GO Transit held their ground. A new Toronto-area commuter railway was in the works, and when the details were announced in 1966, the commuters in Lorne Park discovered that they weren't included. GO's officials assured the people of Lorne Park that the matter was nothing personal. Time was just not on Lorne Park's side, literally. GO Transit had big ideas and little money, so its planners hoped to get a full day's work out of their eight new locomotives and 32 coaches by having them complete the Oakville-to-Pickering journey in under three hours, round trip. That way, they could do a number of shifts in succession each day. But to get a train from one end of the line to the other and back in time, the new Lakeshore Line could have no more than 12 stations en route. Some of the CNR's old commuter stops had to be dropped, and Lorne Park was one of them. Father of **Tim & Tom Parson LPSSers**, Ward 2 councillor Lou Parsons was determined to keep Lorne Park on the schedule and GO was willing to acquiesce, but only on the condition that a neighbouring station be stricken from the schedule in its place. And that drew the ire of Clarkson's commuters. GO came up with a compromise. Clarkson was to lose one train each morning, which would stop in Lorne Park instead. Like all compromises, this one pleased no one. Clarkson's commuters lost the best train of the day--the one train that just beat the nine o'clock bell into Union Station. Lorne Park got it, but that's all they got. GO didn't much care for the plan either. It wasn't practical for GO to keep a full staff at Lorne Park for one train so, after the 7:17 a.m. eastbound left Clarkson, three station staff there were ordered to hail a cab to Lorne Park in time to take tickets for the upcoming 8:20 eastbound, then high-tail it back to Clarkson for the rest of the day. This odd arrangement lasted less than two years, by which time Lorne Park's traffic had dwindled to almost nothing. Most commuters there were willing to make the drive into Clarkson to take advantage of that station's ample parking. As for the Mississauga councillor who stood up for Lorne Park's residents, Parsons became chairman of GO Transit in 1974 and guided the commuter railway for the next 20 years. Lou told me he had 5 children that went to Lorne Park 4 boys & 1 girl.

Biff Hawke ('65) - Great Newsletter. I read every word. Nice to see a photo of John Hilditch. I don't think I'd recognize him on the street though. He and I used to play hockey together for Clarkson. We were both defensemen and he had a great slapshot. I remember him on the opposing team's blue line. He'd raise his stick to release a slapshot and the opposing players would split like the Red Sea at command of Moses, leaving the poor goalie to face the fury of the speeding puck on his own. Most didn't wear masks back then (another point you can add to 'We Survived'). Only pride, or fear of disgrace, seemed to keep them from abandoning the net.

Spartan Stuff

1957—1964 (cont.)

Can you identify the following pictures submitted by Dick Gregory ('62)?



Spartan Stuff

1957—1964 (cont.)



Susan Meredith ('65) - I am doing exceptionally well, healthy, enjoying Victoria, travelling with family and friends. I have just returned from back east, Ottawa and Toronto. I had a trip to France and Cleveland in March, heading to California on a California dreaming trip on a Harley next Tuesday and Russia and Vienna in June. If anyone told me this time last year I would be doing this I would have told them they are crazy. I am in my 60th year and feeling 16 again.



June 14th 2006, **Sandra Lindsay ('64), Pat Raham ('65), Marna Dent ('66), Fred Hilditch ('63), Rick (Dick) Gregory ('62), Ron Dyche ('63)** had lunch Eastside Mario's at Oakville Place. The stories included reminiscing about good teachers.

From Pat: just wanted you to know that I really enjoyed lunching with some of the LPSS grads. Brings back a lot of great memories. I haven't seen Marna in 40 years at least. Her mother and mine were great friends so always knew what Marna was up to. Her adventure in July sounds fantastic although not sure I could muster up the courage to do the same (Marna is going to climb Mt Kilimanjaro). Never did like tenting or eating out of a can. Keep me in mind when you organize any other gatherings. Thanks again for the invite. From **Dale Perigoe LPSS '60** Bring an appropriate shirt to sport all the medals you should get for the 'networking'. Thanks for the invite, but the date does not work for me. Don't scrub me from the list though. We had other regrets from Sue, Ginny, Jane, Gord, Mike, Mary Lou, Doug, Larry. All of which said 'keep me on the list'.

Thanks to: Mary Lou, Bruce, Susan, Allan, Sandra, Dick x2, Karen, Biff, Susan, Pat, & Dale

Spartan Stuff

1965—1969 **David Crouse ('65) - david.crouse@utoronto.ca**

We are all engaged in locating as many of LPSS alumni as we can to make the reunion the best we can. If you know anyone from your year or the years around you, please send their name, graduating year, and email address to me and we'll take care of the rest.



1970—1974 **Ross Murison ('73) - rmurison@sympatico.ca**

A very happy summer to all, the weather seems to be settling into a nice warm trend, not quite as hot as last summer, well not yet anyway. We've just finished up a round of renovations on the house; it was quite the experience having everything torn up and strangers running in and out. The poor dog didn't relax for an entire month; he felt he had to make his presence known every time they came in. However the house is much nicer for the efforts, although my chore jar has gotten a wee bit fuller.



I had a great time writing my first offering and I received some very positive feedback on it, always a good thing. The best part is that I was able to get back in contact with some good friends. I'm still assimilating the fact that it's been over 30 years in some cases. There has been the obvious talk of getting together for a beer and catching up.

Marv Lowik and I had such a conversation; I know people used to go to Cuda's in the Lorne Park plaza (where the hardware store used to be). Not sure if that's still going on, if not perhaps we could revive it. Please let me know if you're interested, and when and where would work for you.

Speaking of Marv he's now the 1972 Class Representative / Volunteer, and he has been busy. Marv has set up a web site (www.nofliesonme.ca) dedicated to the 50th Anniversary Reunion, and specifically the 1972 graduates. Give a visit and let Marv know what you think. Quick note to the 1973 graduates: Stay tuned a web site is coming!

I also had a nice chat with Steven Smith; we spent considerable time in the Lorne Park Pool Hall. You remember that place don't you, it use to be a Bowling Alley, and then it was a place to race cars. There were several tracks including one for Drag Racing. I believe the cars were 1/32 scale size. Then one pool table was brought in and that was the beginning of the end for the racing, soon it was all tables. Talk about have the opportunity to waste your youth, and a lot of us did, but it was fun! Steve and I were wondering aloud if anyone else has some fond memories from that particular establishment, and would like to get together for a beverage and swap stories. Please let me know if you're interested in getting together and what would work for you. I'll be happy to coordinate the time and place. Hey maybe we could combine the two, just thinking out loud.

So we're 3 months closer to the BIG reunion and I was wondering what people thought about it:

- Are you planning on going?
- Are you hoping to reconnect with someone?
- And so on

Well this newsletter can certainly help with the second question, if you're planning on going why not re-connect early and make plans in the near future. I'm happy to put requests in this column for people to re-connect, in fact it would be my pleasure if we had a section on just that topic. As a matter of fact I'm going to start it, right now with a request from me.

Re-Connecting

When I first moved to Lorne Park it was 1960, we had just moved from Toronto and I didn't know a soul. Well to be honest I was only 6 years old at the time and really didn't know too many people beyond my family, but I digress. Two friends that I made were Dave Robb and Mark Salter, and I would really like to find out what these two fellows are up to.

(cont.)

Spartan Stuff

1970—1974 (cont.)

Our Culture

I was speaking to a friend of mine about music and he said it was sad that so many of us had good stereo systems in the 70's and now not so much. We had fantastic music to listen to but more than that we also had the cool artwork from the albums. This is something (if we kept our vinyl) that we can pull out and look at, and take a trip down memory lane. Now it seems that the kids all listen to MP3's that they've downloaded. No artwork, no lyrics, and no memories, different world I suppose.

I read an article in a Home Theatre magazine the reporter had written an article saying how wonderful MP3 players were and that was all she needed, that the quality was fine.

Well she was sent a high-end audio system to demo along with vinyl, CD, and MP3 versions of several releases and was asked to compare them.

The net result was she is now unable to listen to MP3's and will listen to a CD only when the vinyl isn't available.

Here are some movies and music.:

Movies Released in June

1970

Kelly's Heroes

Now here's a good war movie (although there is one cool scene right out of a spaghetti western). While Clint is great in this movie (when isn't he), for my money Donald Sutherland steals the show



1971

The Anderson Tapes

This is an early example of the techno-thriller, starring Sean Connery. This film is not only not dated, but there's also a good message at the end to boot.



1972

Frenzy

I have to admit, I'm a sucker for an Alfred Hitchcock film, any of them and this one is a gem. A classic Hitchcock situation: a guiltless man is forced to prove his innocence while eluding Scotland Yard at the same time



Spartan Stuff

1970—1974 (cont.)

1973

Live And let Die

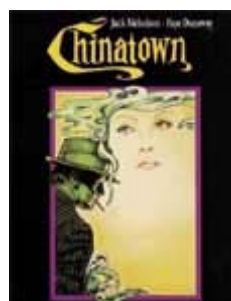
Roger Moore first appearance as Bond and along with drugs, voodoo, and boat chases we have some great camp.



1974

Chinatown

Who can forget the scene where Norman Polanski tells Jack Nicolson that he's a very nosy fellow and you know what happens to nosy fellows.



Music – Some of the albums you may have been listening to:

1970

Grateful Dead - American Beauty

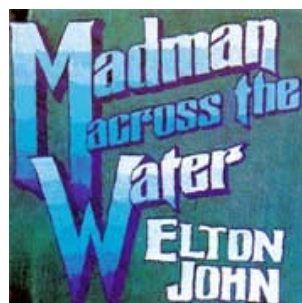
I'm a big fan, even got to see them once. This is a favourite of mine, some great tracks, including "Truckin". I just got this on DVD-Audio.



1971

Elton John – Madman across the Water

Classic Elton John, with songs like "Tiny Dancer", and "Holiday Inn" I can listen to this over and over. This was re-released a few years ago on CD, the CD has artwork that makes it look like a 45.



(cont.)

Spartan Stuff

1970—1974 (cont.)

1972

Neil Young – Harvest

"Heart of Gold," with steel guitars and Linda Ronstadt's backup vocals and "The Needle and the Damage Done" really make this release timeless.

The movie Neil Young, Heart of Gold has recently been released, basically a concert film of him in Nashville.



1973

Eagles – Desperado

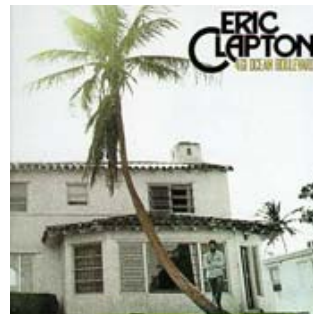
Well, I drove my friends crazy with this release, I could listen to it twice in a row, this really spoke to me. A western put to really good music, what can I say, things are getting out of control.



1974

Eric Clapton – 461 Ocean Boulevard

This was Eric Clapton's comeback album after a long bout with drug addiction. This album is generally best remembered for his version of Bob Marley's "I Shot the Sheriff".



Finally I was listening to Billy Connelly, a very funny Scottish comedian and he had some words of wisdom. I won't recount the entire story; however the crux of the story was one fellow was complaining that the weather was awful and they hadn't caught any fish and what was he doing out here anyway. The other fellow looked over and said "There's no such thing as bad weather, only incorrect clothing."

Well that's it for now; please feel free to email me with questions, requests, and ideas.

Peace,
Ross
July 2006

Spartan Stuff

1975—1979 Michelle Oliphant (Nolan) ('77) - michellenolan@cogeco.ca

Cindy Davies (Ravenscroft) ('76) and Vicky Ratcliffe ('77) - Most people think that Santa Claus brings the best presents, but in December of 1999 it was actually Classmates.com that delivered the very best present for two LPSS alumni.



Cindy and Vicky had been great friends growing up – through Hillcrest Public School, Fairfield's Pool, Lions Club majorettes (yikes!) and Lorne Park High School. They continued on being buds, moving from Ontario to Edmonton, then back to Ontario again. Through marriages and babies and then... somehow they lost touch. Oh, they looked for each other but no luck until one day, years later, Vicky was scrolling through Classmates.com and found one of Cindy's brothers. A few phone calls later, then a Christmas Day knock on the door. So many years to catch up on and yet nothing had changed – it was as if time had passed, but the friendship had marked time.

Almost seven years have passed since then – they've both found the loves of their lives (did we mention the first marriages didn't quite work out?), gotten married again, and this time the babies are grandchildren (Cindy became a Grandma six months ago and Vicky will be one in August), and the friendship still remains solid – not to mention a HECK of a lot of fun!

They've taken their love of having fun, partying with their girlfriends and finding a good shopping buy and turned it into a fast, growing business that they are both passionate about. VicCin Accessories opened on January 1, 2005 and the two have never looked back. You know that statement, 'Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well preserved body, but rather to skid in sideways, chocolate in one hand, martini in the other, body thoroughly used up, totally worn out and screaming WOO HOO, what a ride!!!!' Well, these two are living it - you should see what they plan for the NEXT seven years!!

If you're looking to get together with your girlfriends and want to find something a little different to do, contact Vicky or Cindy at www.viccin.com. LPSS Alumni receive 10% off of all of their purchases AND if any LPSS alumni book a party they'll throw in a \$20.00 VicCin Voucher to get the party started!

1980—1989 Clarissa Stevens-Guille ('83) - clarissasg@sympatico.ca

Look for the 1980-1989 report in the October issue. Have a safe and happy summer!

1990—1999 Lindsay Lepp (Williams) ('95) - linzy905@hotmail.com

Kerstin Baker (Baker-Ash) ('99) - After graduating in 1999 from LPSS, I went to Mount Allison University in New Brunswick, where I majored in International Relations. I did a junior year abroad at Eberhard-Karls Universität Tübingen in Germany, followed by an internship at the National Assembly for Wales in Cardiff. I met my husband James in the UK, and we moved back to Toronto for a couple of years. We got married at my family's cottage near Gravenhurst in August 2005, and moved to Dublin, Ireland, where James works as a consultant at an investment firm and I do e-commerce and advertising for a car rental company. We've just bought a house in County Wicklow, about 20 minutes south of Dublin, and are loving our views of the Irish Sea from our Muskoka chairs! We'd love to hear from LPSS alumni visiting Ireland - we'll show you some good "craic" in Dublin!. Our European car rental agency has the following offer for LPSS alumni traveling in



Europe: For over 50 years, Auto Europe has been a leader in worldwide car rental services. In recent years, we have expanded our services to include over 4,000 car rental locations worldwide; scheduled air from the USA to Europe; over 2,000 three, four and five star European hotels; chauffeur and transfer services; prestige and sports car rentals; mobile phone rentals; and motor home rentals. Auto Europe are pleased to offer Lorne Park Secondary School alumni exclusive online discounts and a private label booking site for your car rental needs. Should you have any questions, please do not hesitate to contact me at kbakerash@autoeurope.co.uk. The private label site is <http://www.autoeurope.ca/booking/index.cfm?aff=LPSSALUMNI>, which is just for car rental.

WANTED—Someone who is willing to be the head organizer for the 10-year class reunion for the class of 1996.

(As one of the planners of the 1995, 10-year reunion, there will be LOTS of help provided. Many classmates have been asking me whether it will happen or not. **If interested please email Lindsay Williams at linzy905@hotmail.com**

(cont.)

Spartan Stuff

1990—1999 (cont.)

Hazlon (Haze) Schepmyer, Ph.D. ('95), has recently published her first book, "Winning Reviews: A Guide for Evaluating Scholarly Writing" (Palgrave Macmillan, 2006). She graduated from Lorne Park in 1995 with a Gold Key (given to students who earn an academic, an athletic and a citizenship letter) and she was the 1995 recipient of the Wilton Award (for overall contribution to extra-curricular activities at Lorne Park). Details of her book will follow some highlights of her academic, athletic and citizenship adventures over the past 11 years.

Those who knew her at Lorne Park will not be surprised to hear that her love of learning inside and outside of the classroom continued throughout her undergraduate and graduate studies. In 1999, she won the University of Toronto at Mississauga (UTM) Principal's Award for Outstanding Contribution to the Quality of Student Life and she won her first UTM Student Recognition Award of Achievement. In 2000, she earned her Hon. B.Sc. (with distinction) at UTM, was named Valedictorian for the graduating class, was recognized by Mayor Hazel McCallion as one of the 20 Most Outstanding Youth in Mississauga, won UTM's Outstanding Volunteer of the Year award and won her second UTM Student Recognition Award of Achievement.

Her love of sports also continued and she earned the following awards during her undergraduate studies at UTM: MVP Interfaculty Women's Touch Football (Division I) - 1996, 1997, 1998; MVP Interfaculty Co-ed Field Hockey (Division I) - 1998, 1999; Interfaculty Co-ed Field Hockey Champions (Division I) - 1997, 1998; Interfaculty Women's Touch Football Champions (Division I) - 1999, 2000; Athletic Letter (1999).

In 2005, she received an Arbor Award from the University of Toronto for Outstanding Voluntary Service to the University (by alumni) because of her continual involvement as a mentor in UTM's Alumni Mentorship Program and as one of 12 very dedicated, active and high-profile alumni chosen to lead the \$3.5-million fundraising campaign to construct Alumni House and Alumni Gates. These two buildings will be the first ones on campus dedicated to the 30,000+ alumni.

In 2005, she also completed her Ph.D. (Human Resources Management, Madison University) and, during her graduate studies, she taught undergraduate courses at the University of Toronto and York University. Her research interests are career stage theory, strategic career management and the professional development of minorities and youth. She is a regular presenter at academic conferences including the: Academy of Management, Canadian Psychological Association, International Human Resource Management, European Association of Work and Organizational Psychology and Hawaii International Conference on Social Sciences. In addition, she co-founded and currently chairs the Doctoral Students' Liaison Committee in the Academy of Management. This and other leadership initiatives stem from her deep-rooted passion for making people aware of, and making them want to seize, opportunities to develop personally and professionally.

Hazlon moved back to Mississauga last summer and, by day, she works for Erinoak as an Instructor Therapist with preschoolers who have autism. She writes in the evenings and on weekends. Her plan is to move to Ottawa in the Spring of 2007 to live and work closer to her cottage.

Through "Winning Reviews: A Guide for Evaluating Scholarly Writing", Hazlon and her co-editors, Yehuda Baruch and Sherry Sullivan, seek to demystify the often undervalued and under-examined process of reviewing while also emphasizing the important roles that reviewers play in the development and dissemination of new knowledge. Because this book is the first volume dedicated to the art and craft of reviewing, they believe it will encourage a scholarly examination of the review process and help individuals become more skilled reviewers, and subsequently, better authors (although they do not suggest that it represents all the current knowledge). The scholars who wrote the chapters for this book come from a variety of perspectives and backgrounds but they all share the goals of enhancing the critical, but often overlooked, review process and enhancing the knowledge-building process. By consolidating into one book the knowledge and expertise from scholars around the world, "Winning Reviews" will prove to be a valuable resource for those engaging in the reviewing process. Whether it be the novice completing his/her first review or the seasoned reviewer writing his/her one hundred and first review, the authors expect this book will inspire reviewers, the unsung heroes of the knowledge development process, to continue learning and honing their skills.

Tom Lee, the Present President of the Academy of Management, says: "The book's contributors provide a great service to management scholars and to all academic social scientists as well. They offer invaluable insight and advice, which are

(cont.)

Spartan Stuff

1990—1999 (cont.)

so well-contained in the book's chapters, and they provide a forceful and collective voice to what many authors, reviewers, editorial board members and journal editors have felt for many, many years". Other prominent scholars agree: Lyman W. Porter posits that the book fills a void that has existed for too long, saying: "It is an indispensable volume for the shelves of both faculty members and Ph.D. students who aspire to contribute to the literature in their fields as participants in the reviewing process. An all-star line-up of contributors brings order, coherence and perspective to a sometimes hit-or-miss activity". Denise Rousseau adds that the book "shines a warm, bright light on the critical contributions reviewing makes to knowledge development, academic community building, and to the lives of review recipients and contributors."

Below is a picture of Hazlon with her friends Craig, Rob and Joel at the class reunion this past October. Congratulations Hazlon!



and finally...



TWO WOLVES

One evening an old Cherokee told his grandson about a battle that goes on inside people.

He said, "My son, the battle is between two "wolves" inside us all.

One is Evil. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.

The other is Good. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith."

The grandson thought about it for a minute and then asked his grandfather "Which wolf wins?"



The old Cherokee simply replied, "The one you feed."



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